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## Neck Questionnaire

Patient \_\_\_\_\_ Date \_\_\_\_\_

Family Physician \_\_\_\_\_

The onset of my neck pain has been:

- Acute
- Suddenly
- Suddenly, following an incident, not at work
- Suddenly following an incident at work
- Suddenly following no specific incident
- Gradual
- Gradually, over time
- Gradual following no specific incident.
- Gradual following an incident at work
- Gradually improving
- Gradually worsening

I have had my pain for the last

- Days \_\_\_\_\_
- Weeks \_\_\_\_\_
- Months \_\_\_\_\_
- Years \_\_\_\_\_

The pattern of my pain has been:

- Increasing
- Decreasing
- Episodic
- Recurrent

**The pattern of my pain:**

- Comes and goes
- Is present all the time
- Is present all the time with flare-ups
- Increases with activity
- Is related to the level of activity
- Is unrelated to the level of activity
- Is unrelated to the level of activity

**My neck pain can be characterized as an:**

- Dull aching
- Burning sensation
- Catching
- Cramping
- Discomfort
- Electrical
- Pain
- Needles and pins
- Numbness
- Piercing
- Sharp stabbing
- Shooting
- Tightness
- Tingling

**The severity of my pain can be described as:**

- Mild in severity
- Mild to moderate in severity
- Moderate in severity
- Moderate to severe
- Severe

**My pain usually occurs:**

- At rest
- All the time
- Both day and night
- In the daytime
- On arising in the morning
- Occurs more in the early morning
- Only during the day

- More toward the evening
- With normal activities
- On exertion
- Only during exertion
- When lying down
- When walking
- More at night
- Only at night
- At night

**Neck pain versus arm pain is:**

- Arms hurt much more than the neck
- Arms hurt somewhat more than the neck
- Arms and neck hurt about the same
- Neck hurts somewhat more than the arm
- Neck hurts much more than the arm

**The pain usually starts in the:**

- Occiput
- Midline of neck
- Mid back
- Right lateral neck
- Left lateral neck
- In the neck
- Left side of the neck
- Right side of the neck
- Neck and throat

**The pain radiates into my:**

- Right shoulder
- Left shoulder
- Both shoulders
- Right shoulder blade
- Left shoulder blade
- Both shoulder blades
- Right upper arm
- Left upper arm
- Both upper arms
- Right forearm
- Left forearm

- Both forearms
- Right thumb and index finger
- Left thumb and index finger
- Right long finger
- Left long finger
- Right ring and little finger
- Left ring and little finger

**Arm numbness (If the answer to this question is no, skip the next question)**

- There is no arm numbness
- There is arm numbness

**The location of the arm numbness is:**

- Right shoulder
- Left shoulder
- Right upper arm
- Left upper arm
- Right forearm
- Left forearm
- Right thumb and index finger
- Left thumb and index finger
- Left long finger
- Right long finger
- Right ring and little finger
- Left ring and little finger

**Arm weakness: (if the answer to this question is no, skip the next question)**

- There is no arm weakness
- There is arm weakness

**The location of my arm weakness is:**

- Right shoulder
- Left shoulder
- Right upper arm
- Left upper arm
- Right forearm
- Left forearm
- Right wrist
- Left wrist
- Right hand
- Left hand

**My neck pain was originally caused by:**

- Nothing
- Aging
- Trauma
- Automobile accident
- Motorcycle accident
- Boating accident
- Falling
- Sports activities
- Exercise
- Exertion

**My pain is aggravated by:**

- Nothing
- Sneezing
- Coughing
- Twisting
- Lifting
- Position of arm
- Bending to the right
- Bending to the left
- Rotating to the right
- Rotating to the left
- Flexion
- Extension

**My pain is relieved by:**

- Nothing
- Bed rest
- Change in position
- Exercise
- Medication
- Heat
- Ice
- Physical therapy
- Holding arm above head
- Popping of the neck
- Massage
- Oral steroids
- Pain medication
- Anti-inflammatory medication
- Facet injections

**My pain interferes with the following:**

- Nothing about my lifestyle
- Personal grooming
- Driving
- Bathing
- Work severely
- Work moderately
- Work minimally
- Work not at all
- Cooking
- Childcare
- Intercourse never
- Intercourse occasionally
- Intercourse frequently
- Sweeping
- Gardening
- Vacuuming
- Leisure activities
- Leisure activities not at all
- Sleep severely
- Sleep moderately
- Sleep minimally
- Sleep not at all

**Associated with my pain, are the following conditions:**

- Arthritis of peripheral joints
- Chills
- Neck stiffness
- Gait abnormality
- Catching
- Bladder dysfunction
- Dysuria
- Fever
- Shoulder pain
- Incontinence of urine
- Incontinence of stool
- Arm weakness
- Paresthesias in arms
- Trauma
- Use of corticosteroids
- Use of anticoagulants
- History of malignancy

**Previous diagnostic test:**

- None
- Plain radiographs
- MRI - Neck
- MRI – right shoulder
- MRI – left shoulder
- CT
- CT/Myelogram
- Bone Scan
- EMG/PNCV's
- DexaScan

**I have previously been evaluated by:**

- None
- Orthopaedic surgeon
- Neurosurgeon
- Neurologist
- Primary care physician
- Rheumatologist
- Physiatrist
- Chiropractor
- Emergency room
- Urgent care center
- Pain management
- Psychologist/psychiatrist

**I have had the following physical therapy:**

- None
- Stretching exercises
- Strengthening exercises
- Active range of motion exercises
- Active assisted range of motion exercises
- Passive range of motion exercises
- Home exercise program
- TENS unit
- Ultrasound
- Phonophoresis
- Iontophoresis
- Massage
- Whirlpool
- Heat
- Ice
- Traction

**I have had the following neck surgeries:**

- None
- Cervical discectomy
- Cervical fusion
- Anterior cervical plating
- Posterior cervical decompression
- Posterior cervical laminoplasty
- Posterior spinal decompression
- Posterior spinal fixation
- Posterior spinal fusion
- Cervical total disc replacement
- Cervical corpectomy
- Anterior cervical discectomy and fusion

**I use the following assistive devices:**

- None
- Cervical collar
- Miami J collar
- Philadelphia collar

**Because of my neck I have the following issues:**

- None
- Pending social security disability application
- Worker's compensation claim
- Pending litigation
- Previous worker's compensation claim
- Pending lawsuit
- Pending worker's compensation claim
- Social security
- Divorce
- Child support