

**New Patient Questionnaire**


Please help us by filling out this form before your visit with the doctor. If you need help, please call (937) 395-3656.

**NAME** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

When were you diagnosed with diabetes? (year and age)	
What was your weight at that time?	
Have you been hospitalized for diabetes? If so, list dates and reason.	
Do you have any complications related to diabetes? (eye, kidney, nerve, heart, please indicate which)	
Have you needed someone else's help, called emergency services or had a car accident due low blood sugars? Please indicate approximate dates.	
What is date of your last diabetic eye exam?	

**CIRCLE ALL treatments you have tried for Diabetes:**

Drug Name (CIRCLE)	Current use	Past use (dates used)	Reason for Stopping
Metformin, metformin XR, Glumetza, Glucophage XR			
pioglitazone (Actos), rosiglitazone (Avandia)			
acarbose (Precose), miglitol (Glyset)			
glimepiride (Amaryl), glipizide (Glucotrol), glyburide (Micronase, Diabeta, Glynase)			
nateglinide (Starlix), repaglinide (Prandin)			
colesevelam (Welchol)			
bromocriptine (Cycloset)			
exenatide (Byetta), exenatide extended release (Bydureon), liraglutide (Victoza), albiglutide (Tanzeum), dulaglutide (Trulicity)			
pramlintide (Symlin)			
sitagliptin (Januvia), saxagliptin (Onglyza), linagliptin (Tradjenta), alogliptin (Nesina)			
canagliflozin (Invokana), dapagliflozin (Farxiga), empagliflozin (Jardiance)			
<b>Combinations:</b> Metaglip, Glucovance, Actoplus met, Duetact, Avandaryl, Avandamet, Janumet, Kombiglyze, Jentadueto, Kazano, Oseni, Invokamet, Xigduo, Glyxambi			
<b>HIGHLY CONCENTRATED U-500 regular insulin</b> <b>Intermediate or long acting insulin:</b> NPH, glargine (Lantus), detemir (Levemir) <b>Short or rapid acting insulin :</b> lispro (Humalog), aspart (NovoLog), glulisine (Apidra), Regular, <b>Mixed insulin:</b> Humulin/Novolin 70/30, Humalog Mix 75/25, Humalog Mix 50/50, NovoLog Mix 70/30,			

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**General Medical History (check all that apply)**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Emphysema or COPD   | <input type="checkbox"/> Pancreatitis         | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Cataract(s)         | <input type="checkbox"/> Sleep Apnea         | <input type="checkbox"/> Gall Bladder disease | <input type="checkbox"/> Gout                |
| <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Fibromyalgia        | <input type="checkbox"/> Anemia               | <input type="checkbox"/> Thyroid problems    |
| <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Reflux              | <input type="checkbox"/> Blood clots          | <input type="checkbox"/> Seizures            |
| <input type="checkbox"/> Heart attack        | <input type="checkbox"/> Stomach ulcers      | <input type="checkbox"/> Cancer or tumors     | <input type="checkbox"/> Psychiatric illness |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Intestinal bleeding | <input type="checkbox"/> Kidney disease       | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> High cholesterol    | <input type="checkbox"/> Liver disease       | <input type="checkbox"/> Kidney stones        |  |
| <input type="checkbox"/> Heart failure       | <input type="checkbox"/> Gastroparesis       | <input type="checkbox"/> HIV/AIDS             |  |
| <input type="checkbox"/> Asthma              |  | <input type="checkbox"/> Arthritis            |  |

Please write other health problems not listed above.

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**Hospitalizations and Operations**

<hr/>	<hr/>	<hr/>
<hr/>	<hr/>	<hr/>
<hr/>	<hr/>	<hr/>

**Current Medications** PLEASE BRING A LIST OF YOUR MEDICATIONS TO ALL APPOINTMENTS. REMEMBER TO INCLUDE INJECTED, INHALED MEDICATIONS, DIABETIC SUPPLIES, VITAMINS, SUPPLEMENTS AND MEDICATIONS PURCHASED OVER-THE-COUNTER.

**Medication Allergies** List any medication allergies and the type of reaction that occurs.

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**Immunizations** List date completed.

Tetanus booster		Pneumovax (pneumonia)		Influenza (flu)	
Hepatitis B		Shingles			

**Family History (check, indicate who)**

- |  |  |   |                                |
|--|--|---|--------------------------------|
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Other |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Other Cancer  | <input type="checkbox"/> Thyroid cancer   | <hr/>                          |
| <input type="checkbox"/> High cholesterol    | <input type="checkbox"/> Osteoporosis  | <input type="checkbox"/> MEN2 syndrome    |                                |

**Social History**

<b>Occupation</b>	<b>Highest level of education</b>	<input type="checkbox"/> single <input type="checkbox"/> married <input type="checkbox"/> divorced <input type="checkbox"/> widowed
<b>Substances used</b>	<b>Yes or No</b>	<b>How Much and What</b>
Alcohol		
Tobacco		
Addictive drugs		
<b>Do you exercise?</b>	<b>How Often/What Activities?</b>	<b>What Limits Your Physical Activity?</b>

## Review of Systems (check symptoms you have had recently)

### General

- Activity change
- Appetite change
- Chills
- Sweating
- Fatigue
- Fever
- Unexpected weight change

### Head/Ear/Nose/Throat

- Sinus congestion
- Dental problems
- Hearing loss
- Nosebleeds
- Postnasal drip
- Runny nose
- Sinus pressure
- Trouble swallowing
- Voice change

### Eyes

- Eye pain
- Eye redness
- Light sensitivity
- Vision changes

### Breathing and Lungs

- Snoring or apnea
- Choking
- Cough
- Shortness of breath
- Wheezing

### Heart

- Chest pain/tightness
- Leg swelling
- Palpitations
- Leg pain with walking
- Heart murmur

### Stomach/Intestinal

- Abdominal bloating
- Abdominal pain
- Blood in stool
- Constipation
- Diarrhea
- Nausea
- Vomiting
- Liver problem

### Gland/Hormone

- Cold intolerance
- Heat intolerance
- Increased thirst
- Thyroid problem
- Menopause (women)

### Genitourinary

- Difficulty urinating
- Painful urination
- Incontinence
- Flank pain
- Frequent urination
- Blood in urine
- Urgency
- Decreased urination
- Erectile dysfunction (men)

### Muscle and Skeletal

- Joint pains
- Back pain
- Walking difficulties
- Joint swelling
- Muscle aches

### Skin

- Rash
- Wound/sores/ulcers
- Dry skin

### Neurological

- Dizziness or lightheaded
- Facial droop
- Headaches
- Numbness
- Neuropathic pain
- Seizures
- Speech difficulty
- Passing out/losing consciousness
- Tremors
- Weakness

### Hematologic

- Lymph gland swelling
- Easy bruising
- Blood clots


### Psychiatric

- Agitation
- Confusion
- Poor concentration
- Depression
- Hallucinations
- Hyperactive
- Nervousness/anxiety
- Self-injury
- Sleep disturbance
- Suicidal thoughts

List additional symptoms or conditions you would like us to know about.

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**Please bring your medication list, immunization record, blood glucose meter to all visits.**  
**Thank you.**

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## New Patient Health Questionnaire

### Demographics Information

Type of Diabetes:      Type 1                       Type 2 (using insulin)      Type 2 (not using insulin)

Gestational                       Pre-diabetes                       Don't Know

Are you on an insulin pump?      No                       Yes                      Brand Name: \_\_\_\_\_

Ethnicity:                       African-American      Asian-American                       Caucasian

Hispanic/Latino      Other \_\_\_\_\_

What is your Learning style?      Reading (books, pamphlets)      Showing/watching/doing

Listening/talking                       Other \_\_\_\_\_

Have you had diabetes education before?      No                       Yes

If yes, what year? \_\_\_\_\_

Location? \_\_\_\_\_

Describe education received: \_\_\_\_\_

### Health Assessment and Diabetes Self Management

Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_      Stable      Varies

Approximate mont/year of the following exams:

                                 Foot Exam \_\_\_\_\_ Dilated Eye Exam \_\_\_\_\_ Dental Exam \_\_\_\_\_

What was your last A1c? \_\_\_\_\_ Date \_\_\_\_\_      Don't know what this is

Do you check your blood glucose (blood sugar) at home?      No      Yes     How often? \_\_\_\_\_

What is the brand name of your glucose meter? \_\_\_\_\_

What has been your highest blood glucose reading? \_\_\_\_\_ Your lowest? \_\_\_\_\_

Do you test for ketones?      No      Yes      Don't know what this is

Do you wear diabetes identification?      No      Yes     What type of ID? \_\_\_\_\_

Do you carry a source of sugar for low blood sugars?      No      Yes \_\_\_\_\_

Are you on a special diet?      No      Yes

What type of diet do you follow? \_\_\_\_\_

What time of day do you eat?     Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Do you snack between meals?      No      Yes     How often? \_\_\_\_\_

Do you skip meals?                       No      Yes      Sometimes

How many meals per week do you eat away from home or order take out? \_\_\_\_\_

What beverages do you drink? \_\_\_\_\_

What do you most want to learn about diabetes?      Meal Planning/ Counting Carbohydrates

Medication                       Using meter                       Other \_\_\_\_\_

Reviewed By: \_\_\_\_\_ Date: \_\_\_\_\_