CARING

touching lives & improving health

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Pictured: Monroe Fire Chief John Centers, Atrium Medical Center Chief Operating Officer Marquita Turner and Former President Mike Uhl, Foundation President Mike Stautberg, and Middletown Fire Chief Paul Lolli.
It’s Been an Easy Job

I know it’s cliché to say that “time flies.” But when I reflect on my role as chair of the Foundation board of directors, that cliché is reality. I wonder where those years went?

When I began serving as chair, I mentioned that my leadership style is to let people do their job. That style fits perfectly here because everyone is so enthusiastic about the same thing, improving the health of our communities.

All told, I’ve served on the Foundation Board for 25 years. I marvel at how much has been achieved during that time; not by me, mind you, but by all the incredible staff and volunteers affiliated with this wonderful place. If you are similarly passionate about our community, but aren’t yet involved with the Foundation, I urge you to pick up the phone or go to your computer and offer your time and support. I think you’ll be glad you did.

Community Partners: First Responders Strengthen Care

Collaboration between Atrium Medical Center and first responders in our region is impacting the health of our community.

Reducing Hospital Readmissions

Being discharged from the hospital can be a happy time. But it can also create anxiety. Can I take care of myself? What if I have a setback? A partnership between Atrium Medical Center Foundation and the Monroe Fire Department is putting this anxiety to rest and helping to prevent hospital readmissions.

Monroe paramedics now can visit patients in their home within days of their discharge from Atrium. This timely medical check aims to ensure patients are recovering as expected and to catch problems before they become serious. High-tech equipment, funded by Atrium Medical Center Foundation, enables paramedics to electronically send vital information to the patient’s physician. It also enables live interaction with the physician to resolve concerns.

“There is so much information provided at discharge. Patients may forget, or not quite understand. As a result, they sometimes end up in the hospital again,” says Monroe Fire Chief John Centers. “This program lets us check on patients at a critical time in their recovery, and inform them about helpful community resources while they recover.”

Eligible patients live in Monroe and are 65 or older with congestive heart failure, chronic obstructive pulmonary disease, pneumonia, and hip or knee replacement. Other patients who would like to receive a paramedic visit should contact the Monroe Fire Department.

Removing Barriers to Treatment

A partnership with Middletown EMS, Fire, Police and other community organizations is getting more people who are addicted to opioids into treatment and recovery.

Since 2015, Atrium Medical Center has hosted Middletown Heroin Summits, which bring together community leaders to tackle opioid addiction. An outgrowth of these summits is the Middletown Quick Response Team. Their goal is to decrease response time to overdose calls and increase the number of patients seeking treatment after an overdose.

“People with addictions often hesitate to pursue treatment because they don’t know how to navigate the health care and justice systems,” Middletown Fire Chief Paul Lolli says. The Quick Response Team, which includes a police officer, a paramedic and
I know that our new chair, Mike Scorti, will do a great job leading the Foundation forward with energy and enthusiasm. And I extend a warm welcome to Atrium’s new president, Dr. Keith Bricking, while we thank Mike Uhl for all that he did for southwest Ohio while he was president.

During my tenure we celebrated the 10th anniversary of Atrium’s opening and the 100th anniversary of our hospital making a difference for countless lives. These milestones reminded us of stories about how people in crisis have been served by Atrium and Middletown Hospital staff. There surely will be plenty more incredible stories to tell in the years ahead. I can’t wait!

Michael D. Long, Chair, Board of Directors

As a not-for-profit hospital, Atrium Medical Center relies on financial support from Atrium Medical Center Foundation to bridge the gap between hospital revenue and our community’s needs. Your tax-deductible gift funds lifesaving new technology, facilities and services that ensure advanced care is available close to home.

OUR MISSION
To develop charitable gifts and resources dedicated to building healthier communities in southwest Ohio.

OUR VISION
To be the most respected, responsive and supportive source for health care philanthropy in southwest Ohio.

CONTACT INFORMATION
Phone: (513) 974-5144
Toll Free: (800) 338-4057 ext. 5144
Email: Foundation@AtriumMedCenter.org

Make a Difference!
Volunteer at Atrium

Volunteers are an important part of the Atrium Medical Center team. You can put your talents to good use serving others in many different ways, including working in the Hilltop Gift Shop. We offer flexible schedules for adults and teens. To learn more and print an application, visit AtriumMedCenter.org/Volunteer or call us at (513) 974-5201.

As clinical nurse manager in the Emergency Trauma Center, Wendy Mitchell BSN, RN, CEN (center) regularly interacts with Middletown Fire Chief Paul Lalli (left) and Monroe Fire Chief John Centers (right) regarding community health and the work of our first responders.
A Promise to You

Exceptional Caregivers Honored for Dedication

Atrium’s ongoing Promise to You campaign vows to make patient care more seamless and easier to navigate. This story highlights our promise in action. We are grateful for the remarkable talent of the professionals featured here.

When Karen Mason’s friends and family established the Caring Like Karen Award, they wanted to recognize exceptional caregivers in southwest Ohio who are loving and patient, qualities displayed by Karen, a dedicated caregiver until her untimely death in 2012. Atrium Medical Center is proud to be home to 2018 winners in two categories.

Phyllis Rudokas, Oncology Nurse Navigator

For more than 30 years, Phyllis Rudokas, RN, OCN, CBCN, CTTS, has been a trusted companion to more than 4,000 cancer patients, earning her the 2018 Caring Like Karen Award in the Hospital/Hospice Caregiver category. Phyllis is a person Atrium cancer patients lean on from the start of their cancer journey, talking them through test results and treatment options, explaining next steps and coordinating appointments. She is a calming presence known for always putting the patient first, and for making others laugh.

Former breast cancer patient Barbara Strait knows firsthand how Phyllis excels. “For a year and a half, Phyllis was right by my side, holding my hand through biopsy, surgery, radiation and chemotherapy,” she says. “Phyllis guided me through the rigorous radiation process and connected me to a cancer researcher about a clinical trial. Her dedication to cancer patients makes her the perfect recipient for this award!”

Physician Team Collaborates, Saves Young Mother’s Life

A team of talented, dedicated physicians won the Caring Like Karen Award in the Physician category for their extraordinary efforts to save the life of a young mother whose heart failed during childbirth. The team was led by obstetrician/gynecologist Charles L. Hageman, MD, and cardiovascular surgeon John M. Miller, MD. They were supported by cardiologists Gary C. Brown, MD, and Alvaro D. Waissbluth, MD; anesthesiologist Craig T. Henry, DO; cardiovascular surgeon Scot W. Denmark, MD; and obstetrician/gynecologist Casey R. Boyce, MD.

Their patient was seemingly healthy when she arrived at Atrium to deliver her second child. But her heart began to fail during delivery. Seconds after the infant boy was born, these specialists initiated life-saving support: CPR followed by cardiac catheterization and the insertion of a tiny heart pump.

Your Gifts are Making Care Easier
During the open-heart surgery that followed, the team placed mom on full heart-lung bypass while continuing their efforts to save her life. Two full ventricular assist devices kept her heart functioning during the eight-hour procedure. Afterwards, compassionate caregivers placed the newborn next to mom and took family photos in case mom wouldn't survive. Nearby, the physician team stayed on watch throughout the night in case their fragile patient needed help. In the morning, the team gathered in the operating room to replace mom’s temporary heart pump with one more suitable to her condition.

When mom’s condition stabilized, the team recommended a transfer to a facility in Columbus where patients with heart-assist devices routinely receive care. Prayers were answered the day that mom was weaned from her assist devices while in Columbus. Eventually she was reunited with her (now larger) family in southwest Ohio, profoundly grateful for the expert team of professionals at Atrium Medical Center who saved her life.

“This story demonstrates not only the exceptional talent of these physicians, but also their passion and dedication to doing everything they could do to keep this young mother alive for the sake of her newborn and family,” says Jeffrey Zollett, MD. “Each of them was truly an advocate for this patient and so deserving of the Caring Like Karen Award.”

The work of Atrium’s exceptional caregivers, like those highlighted here, are aided by donations to the Promise to You campaign to create a better experience for patients and families. Thanks to your generosity, we’ve raised $250,000 toward our campaign stretch goal of $500,000.

Additional donations to the campaign will enhance patient care by supporting nurse navigators and patient advocates, improve how we deliver care and follow up with patients, remove barriers to care, increase outreach to our communities and grow endowments to ensure excellent care for years to come.

It’s not too late to further the impact to our patients and community with a donation to a Promise to You. Please use the enclosed envelope to mail your gift or make your donation online.
Atrium: Always Evolving for You

By Keith D. Bricking, MD, MBA, FAAEM, President, Atrium Medical Center (left), and Michael R. Uhl, President, Miami Valley Hospital (right)

Good things are happening at Atrium Medical Center! It’s exciting to see our hospital become an even more valuable community resource, drawing on our experience of a century of service. We want you to know about some of the latest developments at Atrium.

Dedicated Orthopedic Unit

For our growing numbers of patients having joint replacements and other orthopedic procedures, we’ve opened a dedicated 16-bed orthopedic unit on 4 South. Here the nurses have in-depth experience caring for the unique needs of patients after orthopedic surgery as they recover and prepare to transition to home. Patients and their families are giving the unit great reviews.

Births on the Rise

In 2018, families in the region welcomed nearly 1,000 new babies at Atrium. Many families chose our Natural Beginnings Birth Center, unique in Greater Cincinnati, for the natural birth experience they desired. We’re honored to help so many newborns get their start at Atrium.

Magnet® Status Achieved

Magnet® recognition from the American Nurses Credential Center is the highest distinction a health care organization can receive for nursing excellence and high quality patient care. We’re proud to report that all Premier Health hospitals, including Atrium, earned Magnet recognition in January. Only 8 percent of U.S. hospitals hold the esteemed four-year designation – and only 20 U.S. health care systems have achieved the honor as a system. For patients, benefits include better outcomes, such as fewer complications and injuries, as well as lower mortality rates at Magnet-designated hospitals. We’re incredibly proud of our patient care team!

A New President for Atrium

In health care, as in life, change is inevitable. Atrium’s president for the past two years, Michael R. Uhl, recently began a new role as president of Miami Valley Hospital in Dayton, part of the Premier Health family. Keith D. Bricking, MD, MBA, FAAEM, is Atrium’s new president.

Trained as an emergency medicine physician, Dr. Bricking has served in many leadership roles. He was president of the Miami Valley Hospital Medical Staff and medical director of the Miami Valley Hospital Department of Emergency Medicine. Dr. Bricking has an unwavering commitment to quality and compassionate care, and he values teamwork and collaboration. He is making history as the first physician to lead a Premier Health hospital.

At Atrium, we’ll keep evolving to bring you the care you need at every stage of life. Your support makes these advances possible – and we couldn’t be more grateful. Thank you for everything you do to build healthier communities in southwest Ohio.
ANNUAL SEMINAR:

Relationship-building at Its Best

You probably have experienced a relationship that blossomed over time. Maybe an old job acquaintance has become a dear friend. Your once-sheepish grandchild now begs to sleep at your house. The classmate who used to kick your desk is now a close companion.

Building relationships takes time. But with patience can come great rewards.

Atrium Medical Center Foundation's annual Estate and Tax Planning Seminar is a unique example of relationship-building at its best. For 20 years this free seminar has brought together local professionals who learn about topics relevant to their work, including taxes, Social Security, ethics, wills, life insurance and estate planning. They also learn about giving opportunities at the Foundation and are encouraged to share these opportunities with their clients.

A handful of professionals attended the first seminar, held in 1999 in a small venue in Middletown. Over the years, word spread about its educational value, and in November, more than 400 attended the 2018 seminar at the Savannah Center in West Chester.

During this same period, membership in the Heritage Society (those who have included the Foundation in their will or estate plan) has grown nearly tenfold. Gifts to the Foundation as a result of the seminars have impacted the community in significant ways, by helping to fund enhanced services for heart and cancer care, as well as the mobile mammography coach, among others.

Foundation board member Candice DeClark Peace, JD, CPA, helped to plan the first seminar and chairs the Foundation’s planned giving committee. “Everyone has causes that tug at their hearts,” she says. “For me, and for many of those who are served directly or indirectly by these seminars, we want to be a positive influence in our community. It is reassuring to know we can make a valuable impact now and in the future by encouraging gifts to Atrium Medical Center Foundation.”

Chair William Keck, JD, says, “This top-notch seminar is presented each year as a thank you to the professionals in our area for their support of the hospital. We are so grateful for their help as they work with their charity-minded clients, but also for their personal charity towards the mission of the hospital.”

For their long-standing service to organizing the seminar each year and sharing their expertise with attendees, Candice and William Freedman, JD, received special recognition at the 2018 seminar. Thank you, Candice and Bill, for your enthusiastic support!

Generous sponsors, below left, and a dedicated planning team, below right, made the 20th annual Estate and Tax Planning Seminar a valuable learning and networking experience for more than 400 attendees from throughout southwest Ohio.
Seven dedicated employees ran Middletown Hospital when it opened in March 1917. This small but passionate staff was fully dedicated to the community that rallied to establish the hospital.

Of course we’re much larger now. But as chief medical officer, I can assure you our medical staff today is as passionate as the physicians who served here 100 years ago. Our primary interest is providing you with quality care while keeping you safe. That passion for quality is why new physicians must pass a rigorous credentialing process before they are credentialed and granted privileges. We want to be sure they understand our culture of quality and safety and are capable of providing both to you. It’s also the reason we’ve established a robust quality control process to address any concerns about the care we deliver. We police each other and hold each other accountable. It’s the best way we know to ensure you receive the care you deserve.

Our medical staff will continue to grow as we search for talented physicians, nurse practitioners and physician assistants to fill demand in these specialties: neuropsychology, pediatrics, ENT, neurology (including stroke and epilepsy care), OB/GYN, psychiatry, primary care and pulmonary critical care. Our open heart surgery program is expanding, as is our Acute Chest Pain Center. Our recruitment efforts are made easier by the fact that, in the past three years, we’ve been recognized by Healthgrades for performing in the top 5 percent nationally for overall clinical excellence and for our outstanding patient safety performance.

We’re growing in locations, too. Our newest facilities are south of the hospital where the need is greatest. Today you’ll find us in Liberty Township, Mason, Monroe and Trenton. You’ll even find us in your home, on your computer screen, as we expand our telehealth capabilities. These efforts aim to provide you the care you need as close as possible to your home.

As part of our centennial celebration, you may have seen the colorful banners highlighting the events and legendary people who contributed to our hospital’s growth and success. Our physicians enjoyed them as much as you did. Learning about our distinguished history truly motivates today’s medical staff to keep quality at the forefront as we grow into the future. That’s a promise!

To make care more convenient in southwest Ohio, Premier Health recently opened two new care facilities—one in Liberty Township, above, and one in Monroe, below.
Creating Our Future

Heritage Society members have included Atrium Medical Center Foundation in their will or estate plans. Members are as of February 1, 2019. New members are noted in bold type. If you’ve included the Foundation in your estate plans, please notify us so we may recognize your generosity. Thank you!

Anonymous (2)
Mr. and Mrs. Larry Bake
Dr. and Mrs. Bruce Barnes
Dr. and Mrs. Jack Barnes
William O. Barnitz
Linda and Richard Baxter
Mr. and Mrs. Charles Beck
Paul and Michelle Bendik
Ann and Art Bidwell
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Jim and Jane Elder
Mr. and Mrs. Walter B. Evans
Dr. Craig Fennel
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Lyndon Lorenzo Jones and Anita Scott Jones
Loyal R. and Anita Juengling
Yonathan Kebede
Arlie and Mary Rose Kemplin
Dr. Raymond E. and Jean Anne Keelhuber
Edna M. Kinsinger
Daniel Lacey
Senator Barry and Marilee Levey
Dr. and Mrs. Lawrence Linder
Samuel R. and Laura Lobar
Michael D. Long
Nellie Losh
Marcia Jean MacClellan
Jim and Sarah Martindale
Louis McGally
Verla McClure
Richard H. and Patricia A. Montgomery
Frank and Pat Myers
Lucy M. Nelson
Dr. and Mrs. Dick M. Nisbet
Martha Oches
Neil and Ginny O’Connor
Beryl Orr
Nadine Orr
Candice and James Peace
David and Karen Pearce
Mr. and Mrs. Don Pelfrey
Doug and Do Perry
Claire Porter
Louise Pratt
Bill and Connie Rathman
Dr. and Mrs. Walter Roehll, Jr.
Joseph Rumper
David Sanders
Mr. and Mrs. William Sandston
William and Pat Schaefer
David and Carole Schul
Mr. and Mrs. Michael Scotti
Dr. Tom and Bonnie Scott
Lucille Shafor
Dick and Patricia Slagle
Roy F. Smith
Mike and Linda Snyder
Kathleen Stauberg
Kevin and Barb Strait
Alice Stransky
Ernest and Wilda Streifthau
Perry D. Thatcher
Carol J. Turner
Heath and Mary Valentine

Atrium Medical Center Foundation Heritage Society members and special guests gathered for an appreciation dinner on October 11, 2018, at the Hotel Covington in Northern Kentucky, hosted by the Heritage Society’s founding co-chairs, Dr. Bruce and Nela Barnes. The Heritage Society was created in 2002 as a way to recognize donors who include the Foundation in their estate planning. The group has grown from a handful of supporters to more than 90 today.
What Will Your Legacy Be?

Candice DeClark Peace, JD, CPA

Tax advisor Candice DeClark Peace is a shareholder in Clark Schaefer Hackett and chairs Atrium Medical Center Foundation’s Planned Giving Committee. She is a long-time Foundation board member and organizer/presenter at the Foundation’s annual Estate and Tax Planning Seminar.

Recently I attended a celebration of life for a dear friend (I’ll call her Carol).

First the minister gave a short message on the plan of salvation, then Carol’s sister gave a eulogy. Since I had known Carol for 30 years, little surprised me.

However, the surprise came when the minister offered those in attendance the opportunity to share their fondest memories. Three young women wanted to share the blessings they had received through an endowment established by Carol and her late husband in memory of their oldest daughter (I’ll call her Leslie).

Leslie died in a car accident at age 19. She was studying to be a nurse, her dream since childhood. Carol and her family were heartbroken. To honor Leslie, the family established a scholarship fund for individuals seeking to obtain a nursing degree. The scholarship was need-based, assisting recipients to achieve a dream that otherwise might be out of reach. Carol, while outgoing in nature, rarely mentioned Leslie. Had we spoken of her, I might have been aware of the wonderful legacy established by the family.

The testimonies of these three young women and the heart-wrenching tales of their journeys showed me the legacy that Carol and her family would leave in the community. Additional funds from Carol’s estate were added to the original endowment, ensuring that the legacy would continue for years to come.

Driving home from the service, I thought about events, people and happenings in my life that have shaped who I am today. What legacy will I leave? What mark will I, or my family, leave on the community?

Through Atrium Medical Center Foundation, more than 40 families have created endowments, many established to honor loved ones who have passed. Each endowment has a story about the life and experiences of the individual or family that created it. The endowments provide scholarship funds, research funds, program-specific operational funds, etc. Those who benefit from the funds are the legacy that continues from the good works of others who have gone before us.

It’s important to take time to reflect on your legacy. What impact will you, or your family, have on future generations?

If you have the desire to create an endowment – to be a benefactor to others – reach out to Atrium Medical Center Foundation and we’ll help you implement your plans. (Endowments can be funded with as little as $10,000.) Giving back to the community by helping others achieve their potential is one of the greatest gifts you can make. Your legacy could be the difference in the lives of many.

Your estate and tax planning advisor can help you determine the most effective charitable giving strategies for your situation. To make a charitable gift to Atrium Medical Center Foundation, please contact Michael D. Stautberg, president, or Samuel R. Lobar, director of major gifts.

EMPOWER THE PINK – BUY THE PLATE!

Breast Cancer specialty plates benefiting the Breast Cancer Fund of Ohio are available for purchase. Atrium Medical Center Foundation receives grant money from BCFOhio to support our mobile mammography coach. $25 from each $35 plate purchase goes to BCFOhio to provide emergency funds to breast cancer patients needing help with housing, food, utilities, medical co-pays and more. Order plates online today at www.oplates.com.

Breast Cancer Fund of Ohio is a 501(c)(3) independent, non-profit organization with members from around the state. The mission of the BCFO is “To help Ohio Breast Cancer patients survive the hardships of cancer treatment by providing emergency, temporary, financial assistance.”
One Endowment.  
Two Programs.  
Endless Caregiver Recognition.

Mary Prentice Valentine Caregiver Appreciation Endowment

When Mary Prentice Valentine was nearing the end of her life, the compassion and skill of her caregivers made a sizeable impact on Mary and her family. Mary’s husband, Heath Valentine, was so touched by this support, upon Mary’s passing he established the Mary Prentice Valentine Caregiver Appreciation Endowment. He wanted to honor the hundreds of nurses, aides and other hospital staff who provided such extraordinary care during the 100 days that Mary spent at Atrium Medical Center.

In the years since, Heath also has passed away. But thanks to the endowment, Atrium’s exceptional caregivers will continue to be recognized through these two programs:

- **The DAISY Award for Extraordinary Nurses:** A nationwide program that recognizes nursing excellence. More than 30 members of Atrium’s nursing staff have been honored with DAISY Awards.
- **Everyday Heroes Award:** A local program that recognizes exceptional support staff. More than 20 Atrium employees have received this recognition.

Heath and Mary’s daughters, Crista Clancy and Heather Mitten, are proud to support their parents’ legacy. As a certified nurse practitioner in Memphis, Tennessee, Heather knows the powerful effect that exceptional nurses and support staff can have on patients and their families.

“Nurses and other caregivers play such an important role in the healing process,” Heather says. Whether advocating for the patient, connecting families to available resources, or administering medicine and healing techniques, Heather believes nurses and caregivers are vital.

“I understand how difficult it can be to put aside your needs and encourage and bring peace in any way possible to families in crisis. A kind word, a clean room, a gentle touch make the awfulness bearable. Please don’t overlook the simpleness of caring. It makes a difference and gives strength to those who are sad and scared,” Heather says.

Heather and Crista’s advocacy for the role of nurses and caregivers aligns beautifully with the endowment established by their father to honor those who cared for their mother. You, too, can help to ensure that exceptional caregivers receive recognition and encouragement by contributing to this endowment. Please contact the Foundation to learn more.

Among the many Atrium employees recognized for their exceptional service are, top row, Donna Hollbrook (left) and Jo Sherry (right); bottom row, Mary Cope (left) and Mary Vue (right).
PLEASE NOTE!
New Foundation Phone Number
(513) 974-5144
RETURN SERVICE REQUESTED

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