



Therapeutic Gardening

May 21, 2020, 11:30 a.m.– 2:00 p.m.

Presenter: Rebecca Cress-Ingebo LMT, BA, BSN, MLS, MSN, EdS,
Ohio State Master Gardener (12 years), Self-Employed Healthwise Medical Massage

This continuing education activity will introduce nurses to the therapeutic gardening intervention. The activity includes a presentation of the concepts, benefits and practice of therapeutic gardening for nurses' and patients' self-care practices. During the presentation there will be time for discussion, self-reflection, and questions, which will allow participants to develop the ability to describe therapeutic gardening and discuss the concepts, benefits and practice of therapeutic gardening for nurses' and patients' self-care practices.

Premier is jointly providing this education in conjunction w/ Greater Dayton Faith Community Nurses/Health Ministers Network

Therapeutic Gardening May 21, 2020

Name _____

Address _____

City/Zip _____/_____

Phone _____

Email _____

Profession _____

Hospital, Faith Community or

Organization: _____

Fees: (Pre-registration required)

Regular: ☐ \$17

Discounted*: ☐ \$12

*You must qualify below to pay discounted fee.

(☒ One)

☐ PH Employee/Volunteer

☐ ERS/HMP Partner or

☐ HMA Mem#/ID _____

(If you qualify for any above, pay discounted fee above)

Total Amount Enclosed \$ _____

Please return completed form with check payable to **Premier Health** by **May 15, 2020**.
Send to: Health Ministries, 1046 Brown St.,
Dayton, OH 45409

Provider Statement:

Contact Hours: 1.5

Conflict of Interest:

Premier Health is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

There is no conflict of interest for anyone in a position to control content of this activity.



Criteria for Successful Completion:

To be awarded contact hours, participants must attend the entire event and complete an evaluation.

Agenda:

11:30a Sign-in/lunch & fellowship
11:50a Welcome/Introductions
12:00p Therapeutic Gardening
1:30p Program Sharing/Announcements
1:55p Closing, Prayer & Adjournment

Health Ministry Collaborative:



Parish Health Ministry

Episcopal Retirement Services (ERS)

Cindy Hamad, BSN, RN
513-979-2282



Premier Health

Health Ministries Program (HMP)

Michelle Randall, MS
937-227-9454

Registration:

\$ 17 program, light meal
\$ 12 program, light meal (discounted fee for Partnering Faith Communities, PH Employees/Volunteers and/or HMA members)

Location:

Church of the Ascension, Witzman Lower Level,
2025 Woodman Drive, Kettering, OH 45420.
Directions will be included with your registration confirmation.