

BEVERAGES

Bottled Water
Crystal Light Lemonade | Crystal Light Fruit Punch

COFFEE

Regular | Decaf

JUICE

Orange | Apple | Cranberry

TEA

Iced | Hot

MILK

Skim | 2% | Almond | Soy

HOT COCOA

Regular | Sugar Free

SODAS

Pepsi | Diet Pepsi | Ginger Ale | Diet Ginger Ale
Sierra Mist | Diet Sierra Mist

CONDIMENTS

Salt | Pepper

Salt-Free Seasoning

Sugar | Sugar Substitute

Syrup | Sugar Free Syrup | Honey

Butter | Margarine

Brown Sugar | Cinnamon | Raisins

Grape Jelly | Diet Grape Jelly | Peanut Butter

Non-Dairy Creamer

Cream Cheese | Light Cream Cheese

Mayo | Light Mayo

Ketchup | Mustard | Relish

Barbecue Sauce | Honey Mustard

Tartar Sauce | Lemon Juice

Hot Sauce | Parmesan Cheese

Crackers | Unsalted Crackers

Graham Crackers



MORRISON BELIEVES IN THE POWER OF FOOD

Its power to advance a healing and healthful mission. Its power to connect, comfort, restore and rejuvenate. For 65+ years, we've specialized in healthcare foodservice.

It's all we do.

Armed with that specialization and expertise, our people unleash the power of food, using it to touch lives and transform the healthcare experience. It's what we do. It's who we are.

That's the Morrison difference.
That's "The Power of Food."



Please contact the food service department if you need anything regarding your meal service.

Call #3663 or Press the Food Service Button on Phone if Available
~ Or ~

Use Television Remote -
Press Menu then My Meals

Hours: 7:00am to 7:00pm

Regular Diet

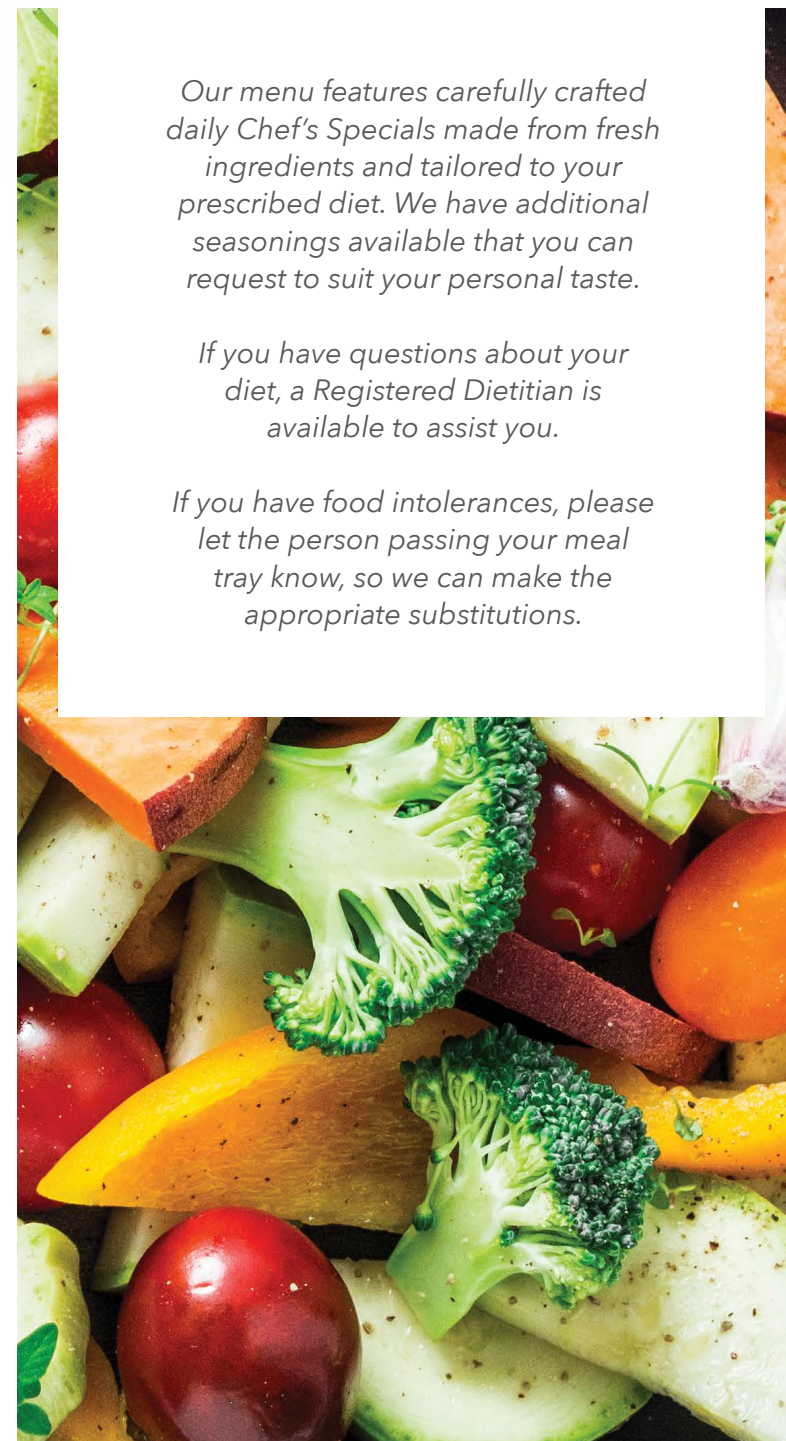
signature PLATE

Menu

Our menu features carefully crafted daily Chef's Specials made from fresh ingredients and tailored to your prescribed diet. We have additional seasonings available that you can request to suit your personal taste.

If you have questions about your diet, a Registered Dietitian is available to assist you.

If you have food intolerances, please let the person passing your meal tray know, so we can make the appropriate substitutions.



DIET INFORMATION

Your diet, like your medication, is an important part of your treatment and may speed your recovery. You will receive the diet ordered by your doctor who may transition your diet through your stay.

REGULAR - There are no nutrient restrictions for this diet..

GUEST TRAYS

Guest Meals are available and limited to two (2) per room.

We accept Discover, MasterCard & Visa credit or debit cards.

Please have your credit or debit card ready for payment when you call to place your order.

Breakfast Guest \$7.00 each

Lunch/Dinner Guest \$9.00 each



BREAKFAST

Breakfast Orders:
7:00am to 10:30 am

Sunday

Classic American Breakfast

Scrambled Eggs
Crispy Bacon
Breakfast Potatoes
Banana

Monday

Blueberry Pancakes

Scrambled Eggs
Sausage Link

Tuesday

Denver Omelet

Tomato Salsa
Oven Roasted Sweet
Potato Hash
Oatmeal with Cranberry-Orange Sauce

Wednesday

Latin Breakfast Bowl

Rice, Black Beans
& Scrambled Eggs
Salsa | Guacamole
Fruit Cup

Thursday

Breakfast Skillet

Home-Style Potatoes
Peppers & Onions
Scrambled Eggs
Sausage Link
Banana

Friday

Bananas Foster French Toast

Scrambled Eggs
Bacon

Saturday

Cheese Omelet

Breakfast Potatoes
Sausage Link
Fruit Cup

Some foods may not be
appropriate based on
your diet or food allergies.

Rev 3/12/2021

LUNCH

Lunch Orders:
11:30am to 3:00pm

Sunday

Beef Pot Roast with Gravy

Mashed Potatoes
Carrots with Fresh Herbs
Cookies & Cream Mousse

Monday

Chicken Marsala

Garlic & Herb Roasted Potatoes
Italian Vegetables
Orange Creamsicle

Tuesday

Meatloaf with Gravy

Mashed Potatoes
Steamed Broccoli
Banana Pudding Parfait

Wednesday

Roasted Pork Loin with Pan Gravy

Tomato & Spinach
Brown Rice
Roasted Ginger Carrots
Sweet Cinnamon Apples

Thursday

Roast Turkey Breast with Gravy

Mashed Potatoes
Seasoned Green Beans
Brownie

Friday

Tender Beef Stroganoff

Egg Noodles
Caramelized Carrots
Blueberry Crisp

Saturday

Chicken Pot Pie

Steamed Broccoli
Brownie &
Strawberry Delight

DINNER

Dinner Orders:
4:00 pm to 7:00 pm

Sunday

Apricot Barbecue Boneless Pork Chop

Macaroni & Cheese
Seasoned Green Beans
Fruit Cup
Angel Food Cake with
Vanilla Cream & Strawberries

Monday

Italian Meatballs with Penne Pasta & Marinara

Side Salad | Dinner Roll
Pineapple
Brownie

Tuesday

Honey Mustard Chicken

Macaroni & Cheese
Roasted Brussels Sprouts
Fresh Grapes
Chocolate Chip Cookie

Wednesday

Open Faced Hot Beef Sandwich with Gravy

Mashed Potatoes
Side Salad | Dinner Roll
Banana
Double Chocolate Brownie

Thursday

Baked Chicken Parmesan

Whole Wheat Penne
Tomato & Zucchini | Dinner Roll
Fruit Cup
Sugar Cookie

Friday

Chicken Tinga

Shredded Chicken with Tomatoes
and Latin Spices
Cilantro Lime Rice
Black Beans
Roasted Tomatoes
Pineapple
Orange Creamsicle

Saturday

Lasagna with Marinara

Roasted Zucchini
Dinner Roll
Fresh Grapes
Chocolate Ice Cream

ALTERNATIVE MENU

Breakfast

Oatmeal | Cream of Wheat
Apple Cinnamon Topping

Cold Cereals

Rice Krispies® | Total® | Rice Chex® | Cheerios®
Cornflakes® | Frosted Flakes®

Grill

Scrambled Eggs | Breakfast Potatoes
French Toast | Pancakes
Bacon | Pork Sausage | Turkey Sausage

Bakery

Blueberry Muffin | English Muffin | Plain Bagel
White Toast | Wheat Toast

Yogurt

Blueberry | Strawberry | Greek Vanilla

Fruit

Fresh Fruit Cup | Applesauce
Diced Peaches | Diced Pears
Whole Fruit: Apple | Orange | Banana

Lunch & Dinner

Salads & Soups

Broths: Beef | Chicken | Vegetable
Chicken Noodle Soup | Tomato Soup
Chicken Caesar Salad | Chef Salad | Side Salad
Dressings: Ranch | Italian | Caesar | Balsamic
Low Sodium Dressings: Italian | French

Hot Grill

Grilled Cheese | Hamburger | Garden Burger
Grilled Chicken Sandwich
Toppings: Lettuce | Tomato | Onion | Pickles
Cheese: American | Swiss | Cheddar
Pizza: Cheese | Pepperoni | Vegetable

Comfort Food

17 Spice Grilled Chicken | Baked Cod
Macaroni & Cheese

Sides

Mac & Cheese | Mashed Potatoes | White Rice
Egg Noodles | Broccoli | Green Beans
Carrots | Dinner Roll
String Cheese | Cottage Cheese
Baked Lays Chips | Pretzels

Desserts

Angel Food Cake: Vanilla Cream & Strawberries
Cookies: Chocolate Chip | Sugar
Fresh Fruit Cup
Diced Peaches | Diced Pears | Applesauce
Whole Fruit: Banana | Apple | Orange
Pudding: Vanilla | Chocolate
Ice Cream: Vanilla | Chocolate
Orange Sherbet
Popsicle: Cherry | Sugar-Free Orange
Italian Ice: Lemon | Cherry
Gelatin: Regular | Sugar-Free