

Premier Pulse

News for Premier Health Physicians

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OneFifteen: A New Resource in Dayton

By Scott Kanagy, DO, MBA, chief medical officer, Upper Valley Medical Center



Many individuals who present to the Emergency Room with addiction have several complaints. However, the majority do not require admission to the hospital. Many of these individuals are treated in the ER and then sent back to the very environments and situations that lead to their addictions. Many return to the ER to be treated again for their

addiction, sometimes multiple times in a single day. The few hours they are in the ER is often not an adequate amount of time to start a meaningful conversation on how to get help. It is my experience that the resources in the communities in which I have practiced have been limited and are overwhelmed by the need in the community when it comes to addiction.

In 2017, 115 lives were lost each day to unintentional opioid overdoses in the United States. Health care providers were on the front line of this health care epidemic in Montgomery County, which was sadly deemed “Ground Zero” by many. Verily (a part of Google’s Alphabet Company), Alexandria Real Estate Equities, Premier Health, and Kettering Health all partnered together as a community with a vision and opened OneFifteen in Dayton.

As of today, OneFifteen has treated more than 3,300 patients. OneFifteen offers many treatment options to help individuals in all stages of their disease. First, it offers a Crisis Stabilization Unit, open 24/7 and capable of providing immediate care to individuals with addiction and withdrawal. If inpatient treatment is needed, OneFifteen Inpatient Residential Center provides 24/7 care and support until patients can transition to an outpatient care setting. It also offers an Outpatient Clinic where patients meet with physicians, therapists, and peer-support specialists, as well as participate in group therapy. Also, for those trying to rebuild their lives as they learn to live with addiction, OneFifteen Living provides a safe place for patients to live as they continue their outpatient treatment and look for their own residence. OneFifteen Living is within walking distance of the other sites and offers walking paths, exercise rooms, and meditation rooms. OneFifteen has also embraced technology and uses the OneFifteen Patient Companion App, which allows patients and caregivers to message, meet individually, or join a group virtually, and make and confirm appointments.

OneFifteen meets monthly with local Emergency Department leadership and Emergency Management Services at Premier Health

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CompuNet Pfizer – BioNTech (Comirnaty) Vaccine Update



Immunocompromised Individuals:

At the end of August, CompuNet began offering a third Pfizer BioNTech vaccine dose at select patient service center locations in the Dayton area. The third dose was rolled out to accommodate individuals who are immunocompromised, based on Centers for Disease Control (CDC) criteria. Information about criteria to receive the third dose and appointment scheduling are available at compunetlab.com.

Expanded Days and New Location:

CompuNet has increased the number of Pfizer vaccine appointment slots to expand access for immunocompromised individuals seeking the Pfizer BioNTech third dose. In addition to patient service centers at Atrium Medical Center, Upper Valley Medical Center, Miami Valley Hospital North, Miami Valley Hospital Berry Building, and the Beavercreek Lakeview building, CompuNet opened appointments for the Pfizer COVID-19 vaccine at Miami Valley Hospital South on September 16.

Software Program Planned for TEG 5000 and TEG 6S Patient Results

Miami Valley Hospital and Atrium Medical Center are moving toward a new software program for the management of TEG 5000 and TEG 6S patient results. The new EPIC Citrix viewing program will be called TEG Manager.

The TEG Manager program allows for a consolidated area for Rapid TEG, Platelet Mapping, and other TEG results. In addition, it offers overlay and trending of patient TEG results over time and more graphics capability. Haemonetics College of TEG provides online web-based education on the TEG Manager (see instructions below). Once live with the new TEG Manager, you will use your personal EPIC network login to access the program, creating a more secure environment for patient results.

The projected go-live for the new TEG Manager will be sometime in November 2021.

Please reach out to Catherine Hoesl, MT (ASCP), CompuNet system technical director hematology/coagulation, at cchoesl@compunetlab.com or (937) 297-8209 if you would like to schedule a live TEG Manager educational session for an upcoming physician or nursing meetings.



Online Access Instructions

1. **Go to:** <https://tegtraining.haemonetics.com>
2. **Enter** your account details when prompted:
 - Account Name: Premier
 - Account Password: teg192
3. **Select** desired training module or assessment- *YOU WILL BE REQUIRED TO TAKE THE SOFTWARE VIEWER TRAINING AND ASSESSMENT.*
4. **Enter** your first and last name and **Submit** to begin the module
5. Courses take approximately ½ hour, progress is **tracked**, allowing you to come back to complete.
6. A **certificate** can be printed and/or saved upon successful assessment completion.

IMPORTANT: Once you have completed this training, please reach out to Casie Tira, TEG clinical specialist, for in-person training. Casie.Tira@Haemonetics.com / (937) 509-7863



Premier Health Launches Inaugural Orthopedics Externship for Minority High School Students



Premier Health and Premier Orthopedics have launched a high school orthopedic externship program to introduce students to the medical field at an early age.

Through a partnership with local school districts, the health system is connecting minority and female high school students with valuable orthopedics and sports medicine opportunities.



“Developing this program has been something I’ve always wanted to do,” said **Michael Herbenick, MD**, a board-certified and fellowship-

trained orthopedic surgeon at Premier Orthopedics. “Patients want to be seen by someone who looks like them, talks like them, and acts like them. This program’s goal is to bridge that gap and introduce more minorities and females to medicine.”

The week-long program at Miami Valley Hospital South offered students hands-on experience through skill labs, including joint replacement; suture; sports medicine and arthroscopy; and bone sawing workshops. Students also participated

in job shadowing opportunities with practicing physicians and surgeons at Premier Health.



“Providing mentors to teenagers interested in medicine is incredibly important,” said **Louis Okafor, MD**, an orthopedic

surgeon at Premier Orthopedics at Miami Valley Hospital South. “I am proud our health system is helping the next generation by offering real-world experiences at a young age.”

Students also had the opportunity to view orthopedic surgeries, giving them an up-close look at how surgical procedures are performed and how providers interact with their patients.



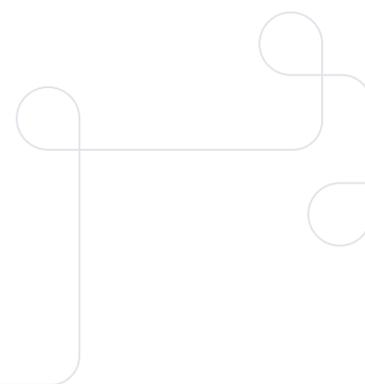
“The students said they had never been in a health care setting before,” said **Jennifer Jerele, MD**, a board-certified orthopedic surgeon who is fellowship

trained in orthopedic trauma care at Miami Valley Hospital. “Providing this opportunity gave them the chance to see what takes place in a hospital, operating room, or doctor’s office on a daily basis.”

Students from Dayton Public Schools received internship credit hours for their participation in the externship program.

“There is no better feeling than getting to share your passion with someone and getting them excited about it as well,” said Dr. Jerele.

Plans are already in the works for next summer’s orthopedics externship program. To inquire more about the program, or to nominate a student for upcoming orthopedic externships, contact Dr. Herbenick at maherbenick@premierhealth.com.



Joint Pain Webinar Series



If you have a patient who struggles with knee or hip pain, there's hope. Invite them to join a free Fall Joint Pain Webinar Series focused on treatments to help them move beyond pain and get back to enjoying their lives as quickly as possible. Premier Health's experienced specialists will discuss surgical and non-surgical ways to help get your patients moving and lessen the harmful effects of arthritis and other conditions. Your patients will gain insights into new treatment options and learn practical tips for managing joint pain. Patients can register and get more information at PremierHealth.com/JointPain.

Webinar schedule (all webinars will be held from 6 to 7 p.m.):

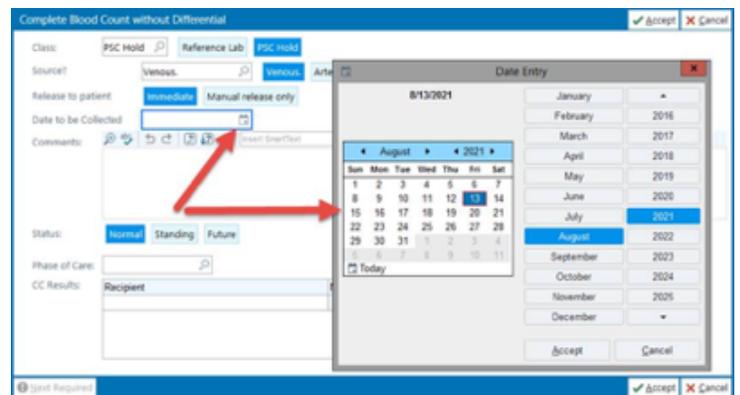
- Thursday, Sept. 30, Matthew W. Lawless, MD
- Tuesday, Oct. 26, Jennifer L. Jerele, MD
- Thursday, Nov. 18, Michael G. Raab, MD



Enhancement to EPIC Lab Orders Effective September 8

On Wednesday, September 8, the Premier Health EPIC team implemented a change to the EPIC system for clinicians when they place PSC (Patient Service Center) Hold orders. The EPIC enhancement allows the clinician to specify a future date for a lab order to be performed at a CompuNet Patient Service Center (PSC). The new, non-required "Date to be Collected" option is now available when placing a lab PSC Hold order.

The EPIC enhancement will provide CompuNet Patient Service Center staff with the patient's detailed collection date information when they arrive at the patient service center for lab work. This is especially beneficial when the provider orders multiple tests with different dates of collection on the lab order.



General Surgeon Loves Time with Family, Pets, and the Outdoors



Michelle DeGroat, MD

What is your clinical specialty?

General surgery

Where did you go to school?

Wright State University

What brought you to Premier Health?

I was recruited by Gem City Surgical.

Why did you choose medicine as a career?

To make a difference in the lives of other people

What is one thing most people don't know about you?

I live on a farm and know how to drive a tractor.

Where is your hometown?

Dayton, Ohio

What, if any, sports team(s) do you cheer for?

Whatever teams my kids play for, along with the Cincinnati Reds and Bengals

What is the last book you read?

"The Boy from the Woods" by Heulan Coben

What is your favorite song in your playlist?

"My Hero" by the Foo Fighters

What is your favorite food?

Homemade lasagna

What is your favorite hobby?

Running and traveling

What is your favorite animal, and why?

Dog, especially my dog. They love you unconditionally.

Where is your favorite vacation spot, and why?

My house at Lake Cumberland. It's so quiet there and I don't have cell phone service. It's like I'm "off the grid."

Describe something (a thing, person, place, experience, etc.) for which you are especially thankful:

1. My children. They are amazing and bring so much joy to my life. They are wonderful human beings.
2. My husband. He has supported me and been my rock for a large portion of my life.

Pick a side

iPhone or Android

iPhone

Early bird or night owl

Night owl

Beach bum or mountain hiker?

Beach bum

Dress shoes or tennis shoes?

Tennis shoes

Paperback or e-reader?

Paperback

Coffee or tea?

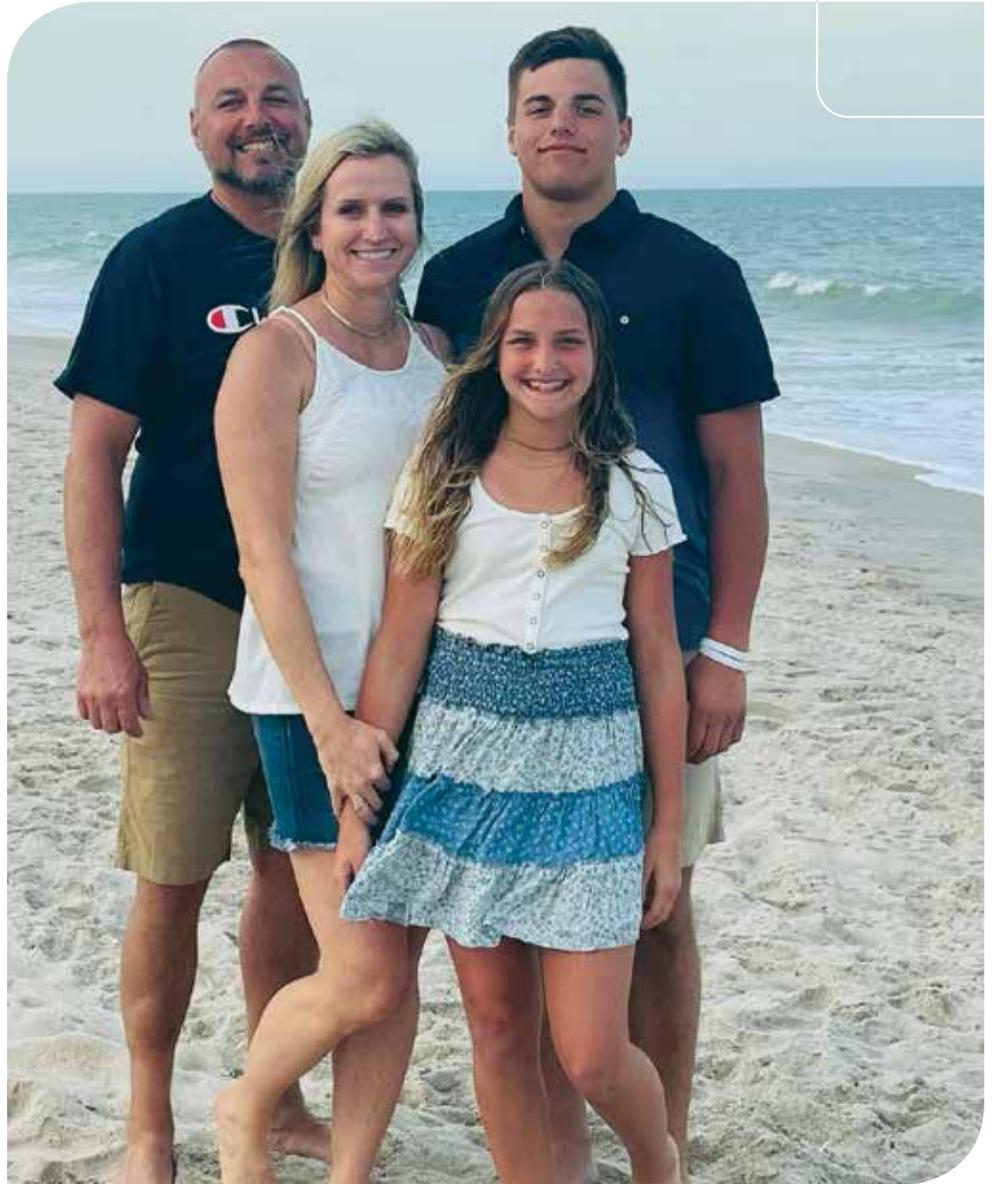
Coffee

Cooking or baking?

Cooking

Sweet or salty?

Salty



Surprise Billing Law Update

By Marc Belcastro, DO, system chief medical officer, Premier Health



Beginning January 2022, two new laws will directly change the ability of out-of-network hospital facilities and providers to balance bill patients in certain situations. The two laws are: the federal “End Surprise Billing Act” (effective January 1, 2022) and Ohio House Bill 388 regarding out-of-network care (effective

January 12, 2022). Together, these two laws effectively prohibit out-of-network hospital facilities (including the ER), freestanding ERs, physicians providing services at these facilities, ground and air ambulance services, lab services and ancillary services from balance billing patients unless a required notice and consent are obtained from the patient. Some of the important points to remember are as follows:

- Effectively these two laws together prohibit any balance billing for ER services, including post ER “stabilization care” as defined in the regulations;
- For an out-of-network facility or provider to balance bill a patient post-ER and post-ER stabilization care, the facility or provider must provide a required written notice and receive back a signed written consent to provide the care and balance bill the patient;
- The notice and consent must include an estimate of the balance bill for all services, including an estimate of what the patient’s insurance might pay for the service;

- The notice and consent must be obtained at least 72 hours prior to the scheduled procedure or service, or, if scheduled in less than 72 hours, at least three (3) hours prior to the scheduled procedure or service;
- A positive aspect of both laws is that health plan insurers must pay out-of-network facilities and/or providers for care provided to their beneficiaries; the amount of the payment is primarily set by the new Ohio law, and the law also provides a process to arbitrate disputes regarding payment that is overseen by the Ohio Department of Insurance;
- Neither law applies to physicians in their private practice offices; and
- There is current lobbying at the federal and state level to either revise or delay proposed regulations.

It is important for providers and their business managers to work with their business and legal advisors to further learn the requirements of these two new laws and to prepare for this change. Some sources for additional information are:

- Federal Law: HHS Announces Rule to Protect Consumers from Surprise Medical Bills | [HHS.gov](https://www.hhs.gov)
- State Law: <https://www.legislature.ohio.gov/legislation/legislation-summary?id=GA133-HB-388>





Provider Praise

Premier Health patients submit thousands of comments each year acknowledging physicians across our health system for providing excellent care. Here is a random sampling of appreciation received in recent months.

Dr. Garland has the ability to weave professionalism with a friendly feel.

I love having **Dr. Mayrand** as my physician. She listens intently to any concerns and makes me feel heard and taken care of. She has my full trust in my health care and am so glad I found her!

Dr. Ruff is extremely professional from start to finish. He is the best!

Dr. O'Donnell is very thorough, efficient, and offers a great patient experience.

I was so impressed with **Dr. Wical** as I learned more from him than anyone in a long time.

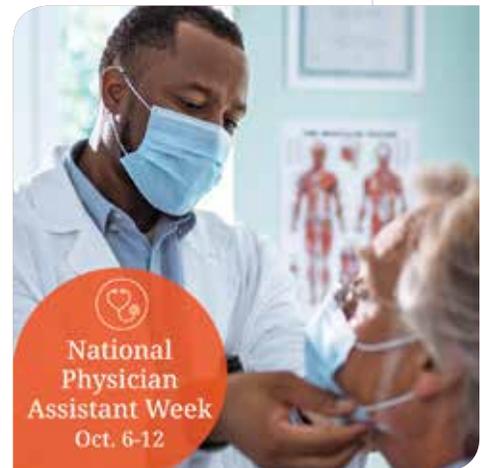
Dr. Elshoff listens to your health care concerns.

Dr. Herbenick is wonderful. He always takes time to listen and help.

Dr. Eppley is a fantastic physician. He carefully listens and partners with you for your health care needs.

Dr. Gaudin is amazing. He took time to calm my nerves and explain everything. He made me feel valued.

I really love **Dr. Alappatt**. She always listens to me and doesn't try to dismiss what I'm saying. She is a great doctor.



Oncology Institute Focused on Access to Cancer Prevention, Clinical Trials and Specialized Treatment

By **Lori Scalise**, system director, service line oncology, Premier Health; and **James Ouellette, MD**, clinical chair of the oncology service line, Premier Health



We are excited to highlight some key programs and initiatives with our physician partners. Enhanced access to cancer prevention, clinical trials, and highly specialized cancer treatment for patients is top of mind for the Oncology Institute.

In 2020, the National Cancer Institute (NCI), along with others, raised concerns that the COVID-19 pandemic would delay diagnosis and treatment of some cancers. The American Cancer Society is urging providers across the country to increase access for preventive cancer screenings.



As an example of Premier Health's commitment to cancer prevention, the organization is the flagship sponsor for the 2021 Making Strides against Breast Cancer event on October 16 at Island Metro Park with a rolling start. We would like to extend a big thank you to Marquita Turner, CNO/COO of Miami Valley Hospital South, who is this year's executive leader chair for the American Cancer Society.

Premier Health successfully launched a new cancer prevention program to identify and support patients who have an increased risk of specific types of cancer based on their family history or genetics. The best defense to cancer is to catch it early or prevent it. A new home-based fecal immunochemical test (FIT) for colorectal cancer is also now available at PPN Primary Care practices. While colonoscopies are the gold standard for detecting and diagnosing colorectal cancer, PolyMedCo FIT testing is another less invasive option for patients. PPN now has several primary care and gynecology practices across the entire Southwest Ohio region that offer patients access to a high-risk family assessment screening, genetic testing of 35+ cancers, and medical management of these identified risks.

Through August, Premier Physician Network had:

- More than 6,000 patients who completed their Hereditary Family Risk Assessment
- Genetic blood test ordered on more than 900 patients
- 7 percent have tested positive for a genetic mutation
- 35 percent have an increased risk based on family history
- 42 percent tested will need a change in medical management for cancer prevention
- Several patients have been referred on to a specialist, oncology specialist for closer management, preventive therapies, or prophylactic surgery.
- See more about the program and practice locations at PremierHealth.com/PreventCancer

The oncology service line also expanded clinical trials access for patients. We have successfully opened 10 new clinical trials and three more are pending this year. Furthermore, Premier Health is being assessed by MD Anderson Cancer Network to participate



and provide access to Phase II and III clinical trials. Premier Health has recently onboarded several new oncology specialists who are interested in clinical trials for their patients. For more information or interest in oncology clinical trials, please contact **Amanda Musser, MSN, RN**, director of nursing at Miami Valley Hospital South, at **(937) 438-5815**.

"Our Care Lives Here" with highly specialized cancer treatment options offered to patients right here in Dayton and we would like to highlight two of our many specialized cancer programs that serve patients from a 17-county area:

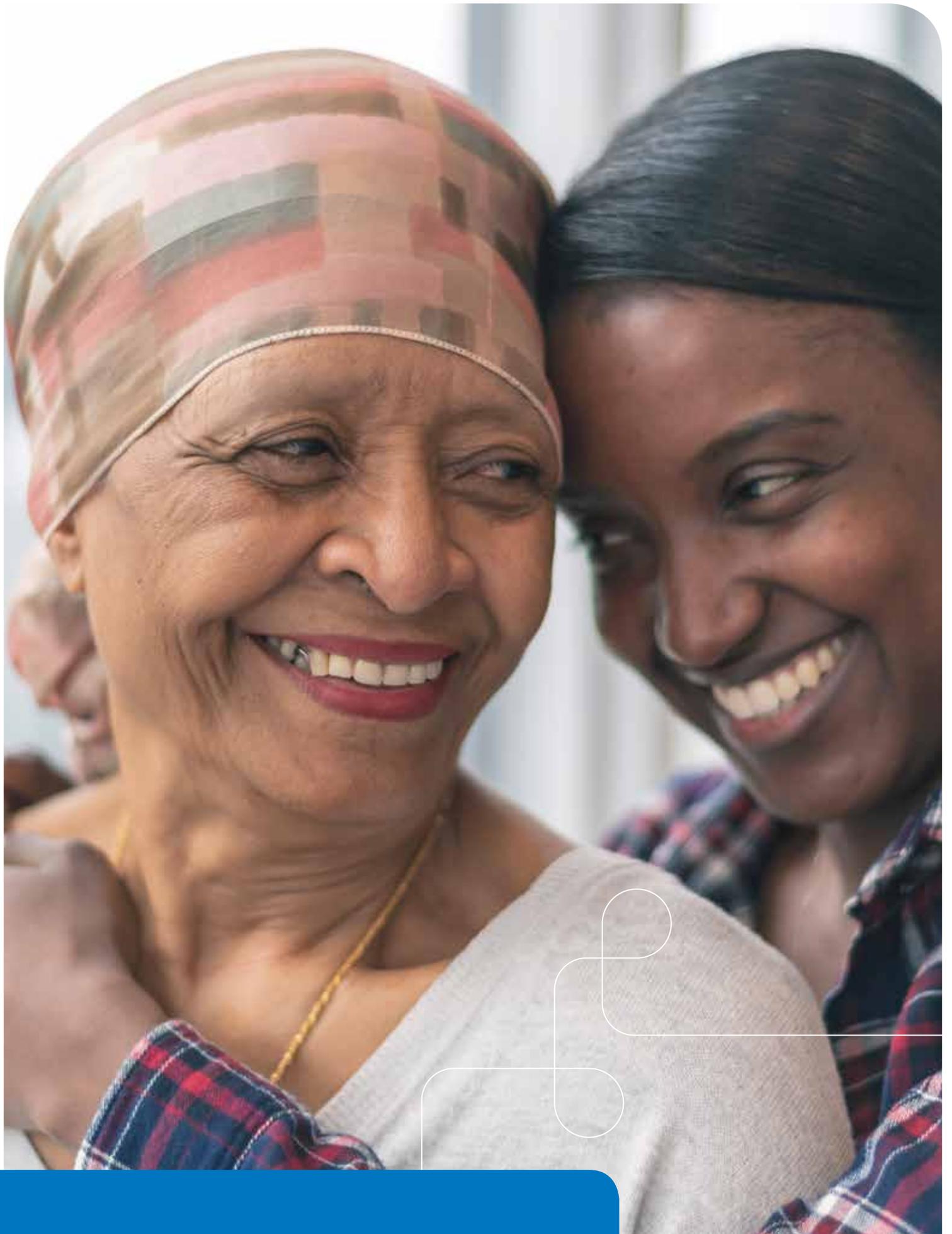


Dayton's first and only Comprehensive Head and Neck Program is led by **Sameep Kadakia, MD**. Dr. Kadakia is a fellowship trained head, neck, and reconstruction certified surgeon of the MD Anderson Cancer Network, which offers a full spectrum of procedures, including oncologic ablation, facial reconstruction, and chemoradiation. The multidisciplinary team can diagnose and treat a wide range of benign and malignant head and neck tumors, including those of the eye, oral cavity, salivary glands, oropharynx, larynx, thyroid/ parathyroid glands, esophagus, sinonasal tract, temporal bone, and skull-base. To refer a patient, please call **(513) 420-4678**, fax (513) 420-4705, or EPIC Referral choose either Premier ENT Associates or Kadakia.



Premier Health's nationally recognized Neuro Oncology Program is led by **Ania Pollack, MD**, a certified physician of MD Anderson Cancer Center Network and 2021's Champions of Hope medical professional honoree. She is a fellowship-trained neurosurgeon specializing in skull-based neurosurgery and neuro-oncology providing advanced personalized treatment offerings, comprehensive surgical and non-surgical treatment for brain and spine tumors and conditions like skull base and pituitary tumors, primary and metastatic brain tumors, and spinal tumors. To refer a patient, please call **(937) 208-4200** or EPIC Referral choose Pollack.

We look forward to future growth and access to oncology services throughout Premier Health.



Diversity Recognition; Parade Participation; and Ribbon Cuttings



Atrium Medical Center

Premier Health Center at Union Village began seeing patients Aug. 10 in Lebanon. A VIP ribbon cutting was held Aug. 4 with local government and community officials attending alongside Premier Health leaders. A community open house took place Aug. 8. Services at the location include: Urgent Care; PPN cardiology, orthopedics, and primary care; medical imaging, occupational health, CompuNet Clinical Laboratories, and pulmonary and sleep services through Dayton Respiratory Center.

Atrium is the only hospital in the Cincinnati and Dayton markets to earn the Mission: Lifeline® Gold Receiving Quality Achievement Award for implementing specific quality improvement measures outlined by the American Heart Association for the treatment of patients who suffer severe heart attacks. The AHA Mission: Lifeline program's goal is to reduce system barriers to prompt treatment for heart attacks, beginning with the 911 call, to EMS transport, and continuing through hospital treatment and discharge.



Andre Harris, MD, Atrium's chief medical officer, has been named the honoree of two prestigious awards. The Wright State University Alumni

Association has recognized Dr. Harris with its Distinguished Alumni Achievement Award. The award is presented to Wright State graduates who have distinguished professional achievement, leadership, service to the community in which they reside, and service to Wright State University. The Dayton Business Journal is honoring Dr. Harris with its Outstanding Diversity Champion (Individual) award as part of its 2021 Diversity in Business Awards. The awards honor individuals who have shown outstanding initiative to promote diversity and inclusion either in their organization or community, making a positive difference in others' lives through contributions to social justice, equality and diversity.

Atrium has again been nominated for Best Emergency Care in Cincy Magazine's Greater Cincinnati Nonprofit of the Year Awards. Atrium won this category in 2020.

Atrium is also nominated for Best Medical Facility in Cincy Magazine's Best of the North Awards.

Miami Valley Hospital Campuses

Miami Valley Hospital South opened the new Level II Cath Lab and ICU in August. With the expansion of a Level II Cath Lab and ICU, the south campus will have even more quality inpatient and outpatient care in the community.



The Good Samaritan Foundation-Dayton hosted a dedication ceremony for the Aull Garden at Miami Valley Hospital North. The garden contains beautiful artifacts from the former Good Samaritan Hospital's (GSH) Marie Aull Courtyard and the Mary West Fountain, which was moved to the present site. The Statue of the Good Samaritan that stood at the former



hospital's main campus for more than a decade is now proudly displayed at the Aull Garden entrance. Known as the Trail of the Good Samaritan, the project involved moving the entire contents of numerous gardens and incorporating them into four new gardens and a walking path around the north campus. The overall project is chaired by Walter Reiling, III, MD; and Jo Anne Reiling. The ceremony was attended

by Good Sam Foundation board members, donors, vendors, and employees.

Mary Boosalis, president and CEO of Premier Health, and Mike Uhl, president of Miami Valley Hospital, welcomed the Ohio National Guard and a delegation from Serbia to campus. Guests received a system and hospital overview followed by a brief tour of the facility and CareFlight.

Employees from the Miami Valley Hospital campuses, Premier Physician Network, and System Support represented Premier Health in the Englewood Arts Festival parade.

Upper Valley Medical Center

The Joint Commission was on site at Upper Valley Medical Center on Aug. 24-27 for the hospital's triennial accreditation survey. The visit went extremely well, and the JC reviewers were complimentary. UVMC received a very favorable preliminary report of findings and will receive the final report soon.

UVMC in August was notified of the hospital receiving 2021 Get with the Guidelines Gold Plus quality recognition from the American Heart/Stroke Associations.



SYSTEM NEWS *(continued)*

Stewart Lowery, MD, general surgeon with Miami County Surgeons, joined Scott Kanagy, DO, MBA, chief medical officer at UVMC, for morning show interviews on Troy Power 107.1 Radio and Piqua WPTW Radio. They discussed the Wound Care Center and Hyperbaric Services at UVMC, as Dr. Lowery was named medical director of the center earlier this summer. Additionally, Dr. Kanagy gave an update on what the hospital is experiencing regarding COVID-19 cases at the hospital.

Jacqui Rose, director of imaging and telecommunications, recently finished



a term as president of the National Association for Medical Imaging Management and was recognized for her service at the group's annual meeting and exposition in Nashville, Tenn. She was given the honor of selecting the recipient of this year's President's Award and presented the award to Jim Hurak, retired UVMC vice president.

UVMC Board and Administration leaders participated in the ribbon cutting and grand opening of the new Lincoln Community Center Legacy Expansion on Aug. 20 in Troy. UVMC representatives also attended open house events at the center on Aug. 21. The board's community benefit fund supported the expansion project, which launched in 2019.

UVMC provided a booth at the Piqua Public Library Aug. 16 as part of the library's 2021 Wellness Month. Advance practice nurses provided free blood pressure screenings, consults for diabetes, and education about heart health, and stroke prevention. Piqua's Urgent Care services also were highlighted.

Premier Physician Network

According to the August 2021 Dayton Business Journal Physician Group Practice Listings, PPN is officially the largest group of primary and specialty care practices in Southwest Ohio. With more than 800 physicians and advanced practice providers located throughout greater Dayton and northern Cincinnati, PPN once again takes the top spot in the DBJ listings.

ECMO Therapy enables critically ill heart and lung patients and their families to remain close to home. With ECMO, blood is pumped outside of the body to a heart-lung machine that removes carbon dioxide and sends oxygen-filled blood back to tissues in the body. Blood flows from the right side of the heart to the membrane oxygenator in the heart-lung machine, and then is rewarmed and sent back to the body. Miami Valley Hospital is the first in Dayton to offer this life saving therapy.



OneFifteen: A New Resource in Dayton *(continued from front)*

and other local health systems to discuss how best they can help treat patients with addiction in the community.

Many of the individuals whom I have treated over the years could have greatly benefited from the resources now available in Dayton to treat those who suffer from addiction. The resources offered by OneFifteen are available to anyone who needs help. Please share this

valuable resource. Together we can make a difference in the lives of those individuals who suffer from addiction as well as the lives of those who love them.

<https://onefifteen.org/tps://>

Editorial Board: Dr. Marc Belcastro, Dr. Roberto Colon, Dr. Andre Harris, Dr. Scott Kanagy
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