

Premier Pulse

News for Our Providers

VOLUME 9 | ISSUE 4 | APRIL 2022



Moving the Needle

By Andre Harris, MD, chief medical officer, Atrium Medical Center



In December 2021, I wrote a piece for this newsletter titled “Getting back to Why.” The focus was on health care professionals revisiting why they wanted to work in medicine in the first place. Now that we have come through the first quarter of 2022, we are seeing how COVID-19 has forever changed the way we care for patients – and we must move away from apathy to learn how to provide care in this post-COVID timeframe. To move the needle at Premier Health, we have to have superior employee engagement, uncompromising quality care, and an excellent patient experience.

Now that the dust seems to have settled, we cannot wait to make changes. The entire organization has a job to do. Long- and short-term strategies are being developed in our corporate structure. Hospital executives are laser-focused on providing leadership at each hospital. Directors are developing new techniques to develop managers and team leads that started during the pandemic. Premier Health is and always will be a health care leader in Southwest Ohio, and this leadership requires that our employees thrive under our new normal. Celebrate birthdays and anniversaries with carry-ins. See the unmasked face of your colleagues and smile (in non-patient areas, of course)!

The quickest way for our organization to rise is an uncompromising focus on quality

care. This means doing the basics without fail – every patient, every time. Quality care is a natural outcome when everyone does their job with excellence. The core and focus for all of us must be the patient. When they leave our organization, Mr. Smith or Mrs. Tumbleweed should feel like a VIP. Of course, there will be times when we do not meet the mark, but this should be the exception and not the rule. Whether this is done through hourly rounding, warm and delicious food trays, spotless rooms, answered call lights, or well-explained diagnoses and care plans, the health of our organization rests on perfecting all of these areas. I am convinced that we will not only succeed but excel!

Am I Safe if I Speak Up?

By Marc Belcastro, DO, system chief medical officer, Premier Health



When I was working in the NICU, a nurse came to me with a concern about an infant on the day of discharge. What she described to me was a normal phenomenon in many infants, and I explained this to her and thanked her for her concern. She returned to the charting area about 20 minutes later

and stated that she was just not comfortable. I thanked her again and ordered a test. Indeed, there was a result that we needed to investigate prior to discharge. Why did this nurse feel comfortable returning to me a second time? I was the medical director, an expert, and my initial explanation was accurate 99 percent of the time. But not this time.

In the book “The Fearless Organization: Creating Psychological Safety in the Workplace for Learning, Innovation, and Growth,” author Amy Edmondson explains how individuals must be allowed to voice half-finished thoughts, ask questions out of left field, and brainstorm out loud to create an environment and culture that is safe and innovative. She calls this psychological safety, which is defined as the knowledge and belief that one will not be humiliated or embarrassed for speaking up with ideas, questions, concerns, or mistakes. This belief is shared by all in the workplace, whether this be across an organization or in certain departments or units. Truly, people need to feel safe asking what may seem like naïve questions, expressing concerns, and even sharing disagreements. Tragic health care errors can often be traced back to someone’s unwillingness to or fear of speaking up, or the misguided belief that the expert must know what he or she is doing.



How do we build psychological safety? It is a culture. Cultures are created by leaders. Physicians are generally viewed as the leader of the health care team, and whether we choose this role or not, we are leaders. So it starts with us, and how we respond, one person at a time, one day at a time, over and over and over.

How safe is our organization?

In May, a safety survey will be sent out. Physicians that work in the hospital environment will be emailed a link to this survey. Your honest feedback will help us in our journey to safety. I encourage you to participate.



Premier Health Orthopedic Externship

Orthopedics is a physician specialty with glaring disparities in gender and race, and the issue is one that the American Academy of Orthopaedic Surgeons takes seriously. Premier Health is committed to making a difference through exposure within our community, especially to our high school women and minority students. We are hosting a second annual week-long program this summer during which students will shadow orthopedic surgeons in their office, the operating room, and in simulation labs for hands on exposure.

If you know anyone from the greater Dayton area who might be interested in participating, please reach out to Michael Herbenick, MD, at maherbenick@PremierHealth.com or BJ Krech at wjkrech@PremierHealth.com to request an application.

APPLICATION DEADLINE: May 15, 2022
PROGRAM DATE: July 25-29, 2022

LOCATION: Miami Valley Hospital South,
2400 Miami Valley Dr., Centerville, OH 45459



Bariatric Surgeon Loves Pomeranians, Vacationing in New York City



Alice Wang, MD

What is your clinical specialty?

Bariatric surgery

Where did you go to school?

I went to University of Chicago for college and then Duke University for medical school, residency, and a masters in clinical research. Finally, I went to Carolinas Medical Center for bariatric surgery fellowship.

What brought you to Premier Health?

Premier Health provided a great opportunity to practice bariatric surgery and also had a great opportunity for my husband, who is an ear, nose, and throat surgeon. We also wanted to return to the Midwest because our families are in Chicago.

Why did you choose medicine as a career?

It may sound cliché or trite, but I truly went into medicine because I wanted to help people. In bariatric surgery, I'm able to form long-term relationships with my patients and watch as they improve their health and change their lives for the better.

Who are the people who influenced and/or mentored you?

I have had really fantastic mentors in general surgery. They are all people who have character and integrity and a true dedication to helping their patients – qualities I try to mirror.

What is one thing most people don't know about you?

I hate public speaking. My passion second to surgery is research, and I love the science and writing portion of it, but I hate the public speaking portion. I have come to realize, however, that public speaking slowly gets easier with more practice, so I try to do it as much as I can!

Where is your hometown?

Chicago, Illinois

What, if any, sports team(s) do you cheer for?

I am, unfortunately, not a sports fan.

What is the last book you read?

"Nothing Like I Imagined" by Mindy Kaling. I love a good, funny autobiography.

What is your favorite song in your playlist?

"Always Be My Baby" by Mariah Carey. It is an oldie, but a goodie.

What is your favorite food?

I have a huge sweet tooth, so I love all different kinds of cookies and cakes. I know they're bad for me, so I try to only have them every now and then.

What is your favorite hobby?

My favorite hobby is spending time with my husband and my two pomeranian dogs. Whether it's exploring a trail or sitting on the couch watching TV, it is always a good time.

What is your favorite animal, and why?

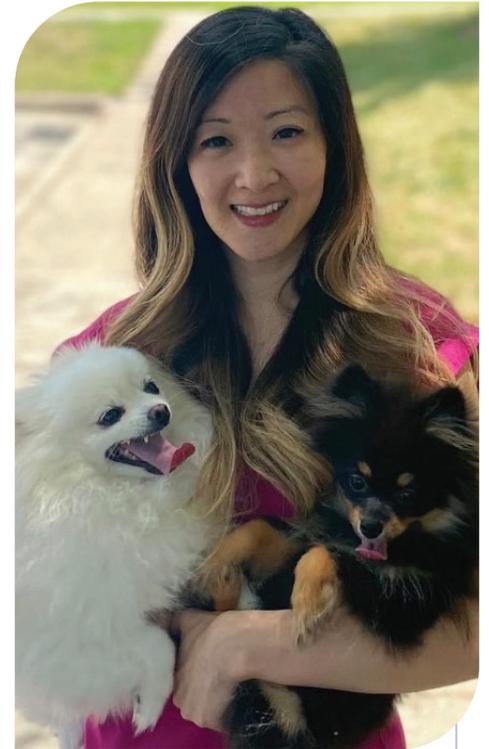
Excluding pomeranians, my favorite animal is the sloth. They seem to know how to really enjoy life – just hanging around, soaking up the sun!

Where is your favorite vacation spot, and why?

I go to New York City about twice a year. I love experiencing the big city atmosphere, trying out all the different kinds of cuisine, and going to different shows.

Describe something for which you are especially thankful:

I would say I am most grateful to my parents – I would not be where I am without them. They sacrificed a lot of time and effort to make sure I had every opportunity available to me growing up. They were really dedicated to my education, instilled in me a strong work ethic, and taught me resilience through difficult times. Plus, they paid for 10 years of classical piano lessons, which gave me a head start with my fine motor skills and muscle memory during my surgical training.



Pick a side

iPhone or Android

iPhone

Early bird or night owl

Early bird, which made getting through surgery residency much easier!

Beach bum or mountain hiker?

I like a mix of both!

Dress shoes or tennis shoes?

Tennis shoes

Paperback or e-reader?

e-reader

Coffee or tea?

coffee

Cooking or baking?

baking

Sweet or salty?

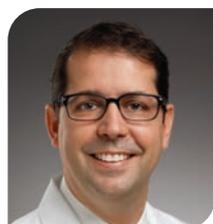
Sweet!

Trauma and Critical Care Update 2022



This year's Trauma and Critical Care Update will take place Friday, May 20, from 7 a.m. to 5 p.m. at the David H. Ponitz Center at Sinclair Community College. This event is designed to provide current information on the challenges health care professionals face when caring for critically ill or injured patients.

Morning Keynote Speaker



**Marc de Moya,
MD, FACS**

Professor and Chief of Trauma and Acute Care Surgery at the Medical College of Wisconsin;

Milton & Lidy Lunda/Charles Arahamian Professor of Trauma Surgery

Dr. de Moya will present "Updates and Controversies in Hemothorax and Pneumothorax Management and Rib fixation: What's the Data Show Now?"

Afternoon Keynote Speaker



**Mary McCarthy,
MD, FACS, MAMSE**

Emeritus Professor - Wright State University

Dr. McCarthy will present "Trauma:

Old and New" as she takes us through the journey of changes and growth she has witnessed throughout her years working in a Level 1 Trauma Center.

Other topics that will be discussed at the Trauma Update include:

- ECMO in the adult patient
- The first hour of trauma
- Mental health in the caregiver
- Responding to the Champlain Towers Collapse
- Brain death and organ donation
- Pelvic fractures

- Crush injuries
- Military medicine
- Orthopedic trauma injuries
- Agitation in the traumatic brain injury patient
- Substance abuse in the trauma patient

Register Now



We're excited to be able to connect back in person this year. The cost for physicians to attend is \$105. To

learn more or register online, visit PremierHealth.com/traumaupdate. If you have questions, contact Lyndsey Ross at laross@premierhealth.com. We look forward to seeing you in May.

CareFlight Becomes First in Ohio to Carry Whole Blood

Premier Health's CareFlight helicopters are now equipped to carry whole blood for emergent transfusion – the first and only air service in Ohio to do so. Life-saving blood transfusions can now be provided on-scene to severely injured trauma patients, potentially improving outcomes.

“As an extension of Premier Health's Level 1 Trauma Center at Miami Valley Hospital, CareFlight literally brings an essential part of the trauma center to the patient,” said Andrew Hawk, MD, medical director of CareFlight Air and Mobile Services. “Administering a whole blood transfusion to a scene trauma patient in shock further enhances our ability to provide the best and most time-efficient trauma care available today.”

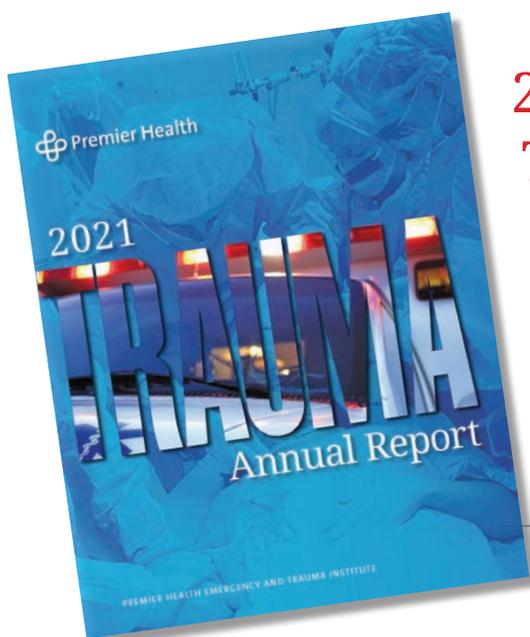
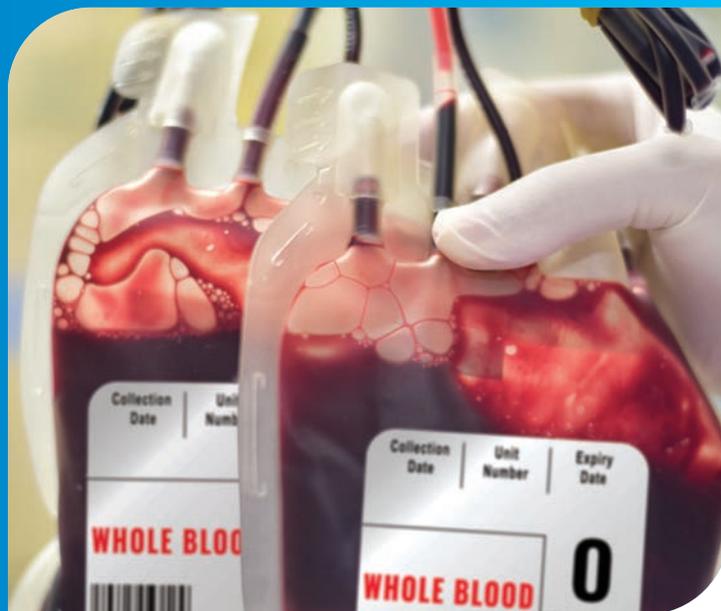
To meet blood storage and temperature control requirements, specialized equipment designed for the transport environment has been added to each of CareFlight's four Dauphin helicopters. Working closely with Miami Valley Hospital, the region's most experienced Level 1 Trauma Center, CareFlight policies and protocols have been established to ensure the full scope of proper whole blood supply management.

“For the past 38 years, CareFlight Air and Mobile Services has provided exemplary life-saving care to the communities we serve,” said Candy Skidmore, vice president of emergency and trauma service lines for Premier Health. “Providing our medical transport teams this additional tool potentially strengthens the impact of our trauma services for severely injured patients.”

CareFlight Air and Mobile Services recently received its 10th consecutive three-year accreditation from the Commission on the

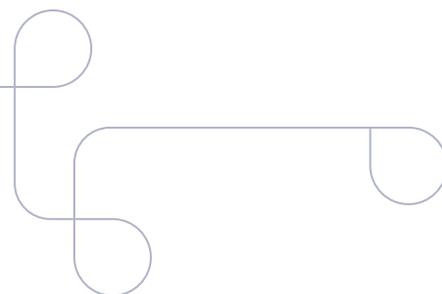
Accreditation of Medical Transport Systems (CAMTS).

As Dayton's first medical transport program, CareFlight has transported more than 70,000 patients since its start in 1983. CareFlight helicopters are the region's fastest, traveling up to 180 mph, and serve a 150-mile radius, covering most of Ohio and parts of West Virginia, Michigan, Kentucky, and Indiana. CareFlight has the unique capability to transport two patients, plus the pilot and two certified flight nurses.



2021 Premier Health Trauma Annual Report

Premier Health is proud to provide the region's most experienced emergency and trauma care. Our 2021 Trauma Annual Report gives a complete picture of our trauma program, including life-saving technologies, the benefits of whole blood, disaster efforts beyond our walls, and our coordination of care with a journey through a trauma bay. We invite you to review the full report online at PremierHealth.com/TAR.





SERVICE LINE UPDATE: WOMEN'S SERVICES

Women's Services Puts Focus on Community Partnerships, Continuity of Care

By Beth Blank, director of service line strategy, women's services and cardiovascular, and William Andrew, MD, system provider leader, women's services



Premier Health's service line for women's services is working toward four key strategies in 2022. This year, we aim to:

- Use Women's Services as a bridge to connect other service lines
- Create partnerships to build market distinctiveness and compete across all geographies to connect patients with providers
- Grow provider staff to increase and improve services
- Deliver consumer-centric experience and build on continuity of care in all locations

Women's services involves so much more than delivering babies and performing gynecologic surgeries. As a result, we have prioritized working with other service lines to be the bridge of connectivity to ensure we are supporting women through every step of their health care journey.

We are also looking into ways we can better partner with our communities to cross-promote and provide services. For example, we are planning to accommodate women with behavioral health needs by connecting them with resources that are readily available to treat mental illness and mood disorders. We have identified this as a gap in care and a much-needed service that would add value to the community.

Additionally, we are actively engaged in expanding our medical staff to ensure that we are growing our provider base to

promote convenient access to care for our patients.

Women's services can be considered one of the most consumer-centric service lines from which our patients are expecting a seamless experience and continuity of care. As we continue to connect our patients to providers, we have surveyed patient expectations as well as industry trends. In coming months, you will hear in more detail about how we plan to execute our vision for creating a new level of amenities to support women across the greater Dayton region.

As you gain insight and feedback from your patients, please feel free to share ideas with Dr. Andrew and me to continue to allow us to be the destination of choice for women's health care needs.

Disposal of Unused Medications Tops 3,300 Pounds at Premier Health Hospitals

More than 3,300 pounds of unused medications have been securely disposed of in receptacles at Premier Health hospitals since collection began in 2018.

Collecting unused medications is part of Premier Health's ongoing effort to combat substance abuse.

More than 70 percent of people using opioids for nonmedical reasons get them from family and friends, according to the American Medical Association. The diversion of these medications for inappropriate purposes underscores the importance of their safe handling and disposal.

The receptacles are available at the following locations:

Atrium Medical Center: front lobby beside gift shop

Miami Valley Hospital: beside the Apple Street elevators (first floor)

Miami Valley Hospital North: front main lobby near retail pharmacy

Miami Valley Hospital South: bed tower lobby outside maternity center entrance

Upper Valley Medical Center: at the foot of the main staircase in the hospital lobby

These receptacles are open to the public at all times. They are not part of the U.S. Drug Enforcement Administration's

National Prescription Drug Take Back Day, which occurs on Saturday, April 30.

Those disposing of their unused medications are encouraged to place them in plastic baggies instead of bottles. It is not appropriate to use the receptacles to dispose of needles, syringes, aerosolized cans, inhalers, thermometers, lotions, or liquids. Unused medications get incinerated and are not taken to a landfill.

Premier Health foundations working with a grant from the PNC Foundation made the receptacles possible and accessible to the community for safe disposal of unused medications at any time.

CompuNet Lab Update: COVID-19 Collection Site Changes

As COVID-19 cases continue to decline, CompuNet is making adjustments to its COVID collection sites.

Three drive-through COVID locations closed earlier this month:

- **Dayton** – OnMain COVID Collections at 1229 S. Main St. in Dayton (former fairgrounds, across from Miami Valley Hospital)
- **Middletown** – Atrium Medical Center Drive-through COVID Collections at One Medical Center Drive in Middletown
- **Troy** – Upper Valley Medical Center Drive-Through COVID Collections at 3130 N. County Rd 25A in Troy

With these drive-through locations closing, CompuNet has expanded access to COVID-19 testing at seven patient service centers. At these locations, patients can receive COVID services from the comfort of their car similar to the process at the drive-through collection sites.

CompuNet Patient Services Open for COVID, Flu, and RSV collections

An appointment is required for each of these locations. Patients can check testing hours of operation and make appointments online at PremierHealth.com/covidtest.

- **Beavercreek** – Lakeview, 2400 Lakeview Dr. Suite 110, Beavercreek, OH 45431
- **Lebanon** – Otterbein Union Village, 580 N. State Route 741, Lebanon, OH 45036
- **Moraine** – CompuNet Main Lab Patient Service Center, 2308 Sandridge Dr. (Door 4), Moraine, OH 45439

The Sandridge location will also continue to provide Premier Health employee COVID testing. Premier Health employees can schedule using the COVID test appointment link online at CompuNetLab.com.

- **Montgomery (Cincinnati area)** – 11135 Montgomery Road, Suite 200, Montgomery, OH 45249
- **Springfield** – 2355 Derr Rd., Springfield, OH 45503

- **Troy** – 1850 W. Main St., Troy, OH 45373
Antigen testing is not available at this location.
- **West Chester** – Tylersville Point Center, 7743 Tylersville Road, West Chester, OH 45069

PHASE 2 – Effective June 1, 2022

- CompuNet sites will only accept self-pay COVID testing for travel and self-requested COVID testing at the above locations.
- Should your office choose to swab symptomatic COVID patients, you may contact your CompuNet representative to coordinate COVID supplies.

As a reminder, patients have the option to order two sets of free at-home COVID tests online at covid.gov/tests.

Please know that CompuNet is appreciative of our Premier Health providers and their support during the past two-plus-year COVID journey.



Expanding Telehealth Beyond the Pandemic

By Mandy Via, MSIHCM, BSN, RN, NRP, CEN, director of telehealth, Premier Health



As we all know, the health care landscape has changed dramatically over the last several years. Telehealth exploded into the forefront as we leveraged it out of necessity, seemingly overnight, to stay connected with our patients as the COVID-19 pandemic began. While many felt that the telehealth boom would return

to pre-pandemic numbers, data and patient adoption trends do not reflect that mentality.

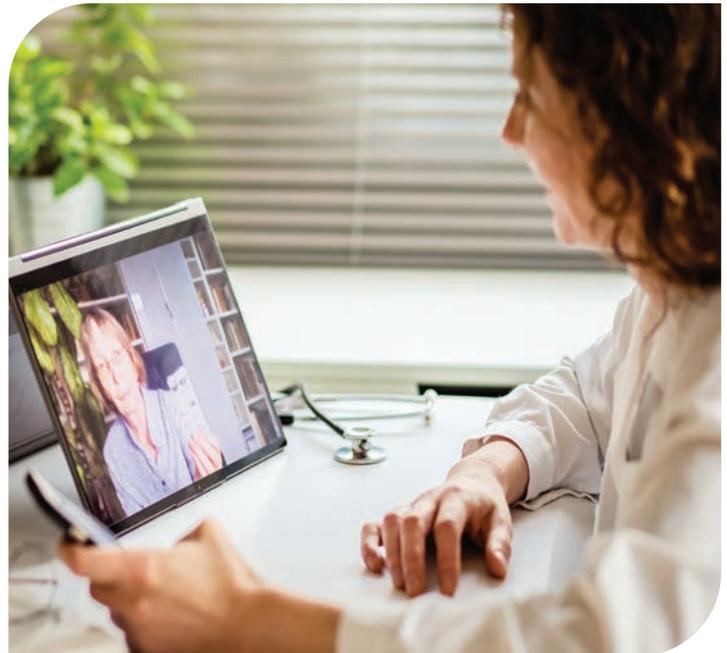
As an organization, we built a very strong teleneuro framework and have continued to enhance our telehealth offerings by adding programs. Currently, our patients can be anywhere on the continuum of care and use telehealth, as it spans hospitals, ambulatory, and consumer settings. Telehealth, however, is not a one-size-fits-all offering for health care systems. Each organization has to leverage telehealth in ways that are unique to the needs of their patients, programs, and infrastructure. Premier Health leverages telehealth to connect with patients in traditional methods, such as primary care visits, and we can use it to scale access to specialty providers within our system as well as externally to support others.

In 2021, we were one of the first health care systems in Ohio to launch our Virtual Urgent Care that provides access to consumers 24 hours a day, seven days a week, 365 days a year. Many organizations utilize national vendors and platforms that do not have connectivity to local resources. By having our own Virtual Urgent Care, we stay connected with local resources in the region to provide continuity of care for the patient.

Telehealth is an area of care that is constantly shifting. As the COVID-19 public health emergency winds down, we look forward to navigating this new chapter in health care delivery. While

we've worked hard to grow and launch new programs that will connect patients with providers when they need it, it is important to note that telehealth will never replace some traditional methodologies of care. When appropriate, it serves as a powerful tool that removes geographical distances, time constraints, and expands access of resources to our patients. This evolution will certainly continue as we move forward post-pandemic and beyond.

If you are interested in discussing telehealth, please reach out to me at alvia@premierhealth.com.



Provider Praise



Premier Health patients submit thousands of comments each year acknowledging providers across our health system for delivering excellent care. Here is a random sampling of appreciation received in recent months.

I love **Dr. Quratulain Aziz**.

Dr. Peter Barre and staff very professional!

Brenda Chewning, FNP – I really enjoyed meeting Brenda. She was awesome and met all my expectations. I will definitely continue to see her for all my health concerns and needs.

Dr. Gary Conley is great.

Dr. Terez Metry – Best doctor. So down to earth and concerned.

Elaine Scott, FNP – Staff is very friendly and welcoming. I love that Elaine listens to issues and really wants to help.

C. Joey Uhl, CNP – Really like it there ... staff are friendly, and they listen to you. Makes going to the doctor's office not so bad.

Dr. Spencer Wolf and his staff are the best... so caring and concerned ... they want the patient well to be able to get on with daily life...they are so appreciated by me and my sister.

Celebrating Our Providers – Doctors' Day 2022



Premier Health providers dined together safely at luncheons held across the health system in celebration of National Doctors' Day on Wednesday, March 30.



Hospital Awards and Recognition; Physicians Share Expertise; and 34 Doctors Named Dayton Best Docs

Atrium Medical Center

The Wound Care Center and Hyperbaric Services at Atrium Medical Center has been recognized with two national awards for clinical excellence. The Center of Distinction and Clinical Excellence awards were presented by Healogics, the nation's largest wound care management company. The Center of Distinction Award recognizes outstanding clinical outcomes for 12 consecutive months, including patient satisfaction higher than 92 percent, and a wound healing rate of at least 75 percent. The Clinical Excellence Award is earned by scoring in the top 10 percent of eligible centers with the highest wound adjusted comprehensive healing rate.

Through Atrium's trauma outreach program, Warren County senior residents are learning how to implement positive lifestyle changes to keep them independent, upright, and active. Atrium led a seven-week Stepping On program at Countryside YMCA. The program covered a range of issues, including falls and risk, strength and balance exercises, home hazards, safe footwear, vision and falls, safety in public places, community mobility,

copied after a fall, and understanding how medications can increase risk for falls.

In recognition of Women's History Month, Atrium took part in a clothing and feminine product drive. The much-needed resources were donated to women in our region through the Lebanon Free Clothing Store, Dress for Success in Cincinnati, and Femme Aid Collaborative.

In other community engagement activities: Keith Bricking, MD, was the guest speaker at a weekly meeting for the Middletown Rotary Club and provided an update on hospital services; Premier Community Health hosted free health screenings and vaccines in Middletown and Trenton; Atrium was a sponsor of the West Chester-Liberty Chamber Alliance's annual awards and dinner; Community Blood Center returned to Atrium for its monthly blood drive and collected 42 donations to meet 116 percent of its goal; and Atrium's integrated breast care services and Premier Health Center at Union Village were promoted to women as part of sponsorship of Girls' Night Out in Lebanon.

In other staff-focused activities: Girl Scout cookies were donated to

Atrium's Emergency Department from a Middletown insurance agency, and a March Madness event featuring games and a special cafeteria menu gave Atrium staff the chance to have some basketball-themed fun before the NCAA Final Four.

Miami Valley Hospital Campuses

Premier Health was a major sponsor for another successful Big Hoopla/NCAA First Four series of events and games. Premier Health had representation on the local organizing committee; emergency/EMS had presence at the Family Festival; and CareFlight and Sports Performance participated in the Hoopla STEM challenge. Through the Premier Health sponsorship and the Greater Dayton Area Hospital Association (GDAHA), the staff at all hospital campuses were provided the opportunity to win tickets to the NCAA First Four tournament.





Miami Valley Hospital Foundation hosted a dedication ceremony for the Mary H. Boosalis Lobby in the main lobby of the Southeast Addition of the main hospital campus. The newly named lobby honors Boosalis' commitment to quality and compassionate care; diversity and inclusion; and the creation of strategic and innovative partnerships at the local, state, and national level.

Sinclair Community College's Culinary Arts program continued to donate hundreds of boxed lunches to Miami Valley Hospital Foundation and Good Samaritan Foundation—Dayton for the second consecutive month. These donated lunches were provided twice per week to nursing staff at Miami Valley Hospital, Miami Valley Hospital North, and Miami Valley Hospital South. The college's culinary students also provided handwritten notes of appreciation for our frontline workers. Miami Valley Hospital social services and integrative care management teams received donated Dorothy Lane Market boxed lunches from local skilled nursing facilities.

Miami Valley Hospital's Austin Boulevard Emergency Center was presented with the Kindness Award from Medlar View Elementary School in Miamisburg.

Miami Valley Hospital North received a letter of appreciation and "love bugs" from Englewood Hills Elementary School.

Miami Valley Hospital staff presented an "excellence in stroke care" award to the Butler Township Fire Department and a "lifesaver" award to Greenville EMS.



Upper Valley Medical Center

UVMC in March was named a recipient of the Healthgrades 2022 Patient Safety Excellence Award™. This is the sixth consecutive year the award has ranked UVMC among the top 10 percent of hospitals in the nation for patient safety. The award recognizes hospitals for their performance in safeguarding patients from serious and potentially preventable complications during their hospital stay.



Scott Swabb, DO, in March was named president-elect for the UVMC medical staff, replacing Willie Craft, MD, who relocated to pursue further

education. Dr. Swabb has been a member of the hospital medical staff since 1995 and served on numerous committees. He is currently medical director of the Premier Health Group PHO and serves on the UVMC Hospital Board. Dr. Swabb is also president/CEO of Primary Care Internists, which he founded in 1998.



Gbemy Samuel, MD, a gastroenterologist with Premier Gastroenterology Specialists at UVMC, was interviewed about Colorectal Cancer Awareness Month topics for the local radio morning shows on Troy Power 107.1 and Piqua WPTW March 28. Dr. Samuel shared important information about diagnosis and treatment of colorectal cancer and other GI conditions.

UVMC was a presenting sponsor of the PITCH Piqua event held the evening of March 3 at the Piqua Plaza and attended by more than 250 community members. This was the first year for the event hosted by the Piqua Community Foundation.

UVMC was a supporting sponsor of the Troy Chamber of Commerce's annual EmpowHer Day for Women held March 4 in Troy and attended by more than 150 people. Sponsorship included an on-site booth featuring health info/handouts for women.

In other community engagement activities, UVMC hosted a Sleep Disorders and Obstructive Sleep Apnea program for the community at the Troy Branch of the Miami County YMCA on March 22;

Continued on next page

SYSTEM NEWS (continued)

was presenting sponsor of the Shamrock Shuffle 5K Run/Walk on March 12 at Troy Memorial Stadium; and was a business sponsor of the Annual Bee for Literacy spelling bee and luncheon hosted by the Altrusa of Troy on March 17 at the Troy Church of the Nazarene.

The UVMC Employee Fitness Center opened round-the-clock in March. The center, previously open only limited hours, is located on the south side of the hospital adjacent to the Ruth Jenkins Cardiac and Pulmonary Rehab Center. All employees/providers are eligible to use the facility.

Premier Physician Network

PPN Doctors Named as Dayton Magazine's 2022 Dayton Best Docs

Congratulations to the 34 PPN doctors who were chosen by patients in our Dayton community as Dayton Best Docs. Making this list is remarkable because there are so many excellent doctors and health care providers in our region — and especially in PPN. This Dayton Best Docs list will provide guidance to patients seeking the best possible care for themselves and their family members. A digital version of the magazine can be viewed online at thedaytonmagazine.com/dayton-best-docs/.

Congratulations to: Jeffery Adam, MD; Christina Anslinger, DO; Beth Berrettoni, MD; Aaron Block, MD; Andrew Diller, MD; Tracy Eicher, MD; Susan Emmerling, MD; Daniel Gaudin, MD; Bradley Gibson, DO; Melanie Glover, MD; Michael Guy, MD; Todd Hicks, MD; Jennifer Jerele, MD; Sameep Kadakia, MD; Seth Kettel, MD; James Klosterman, MD; Aloiy Kremer,

MD; Rajan Krishnamani, MD; Matthew Lawless, MD; Robert Linn, DO; David McKenna, MD; Ganesh Muthappan, MD; Julie Myers, DO; James Ouellette, DO; Michael Pedoto, MD; Radha Reddy, MD; Steven Robbe, MD; Melinda Ruff, MD; Michael Rymer, MD; Srikanth Sadhu, MD; Selyne Samuel, MD; Joseph See, MD; Brad Snider, MD; and Trisha Zeidan, MD.

Orthopedics and Sports Medicine Webinars Now Available Online

If you or someone you love struggles with musculoskeletal pain or are concerned about avoiding injury, there's hope. Our experienced specialists have recorded a series of webinars to discuss surgical and non-surgical ways to help get patients moving and lessen the harmful effects of arthritis and other conditions. The webinars will help patients gain insights into new treatment options and learn practical tips for managing joint pain. Recent orthopedics and sports medicine webinars can be viewed online at PremierHealth.com/orthoevents. Hear from Eric Fester, MD; Louis Okafor, MD; Matthew Dorweiler, MD; and many more.

Dr. Tayim Describes Brain Benefits of Puzzles on Premier Health Now Blog

"Puzzles, math games and word games like Wordle require critical thinking and help build and maintain mental fitness," says Fadi Tayim, PhD, a clinical neuropsychologist and Division Chief of the Brain Mapping Center at Premier Health's Clinical Neuroscience Institute. According to the Alzheimer's Research and Prevention Foundation, that's important as we age. Keeping your brain engaged

can reduce your risk for Alzheimer's disease by up to 70 percent. Read Dr. Tayim's article and more on the Premier Health Now blog at PremierHealth.com/your-health/premier-health-now.

MD Anderson Cancer Network® Partnership Videos

In a new video describing Premier Health's partnership with MD Anderson Cancer Network®, Tarek Sabagh, MD, and Piyush Patel, MD, from Premier Blood and Cancer Center, discuss the importance of MD Anderson's peer review process and high standards for cancer care. Premier Health is Southwest Ohio's only certified member of MD Anderson Cancer Network®, a program of MD Anderson Cancer Center, the top-ranked cancer center in the United States. "You have somebody looking at your quality, and you get notification periodically that your certification is ongoing based on checking your quality," Dr. Sabagh says. "They tell us the guidelines, but also they add on top of that their personal experience and what they have seen in their own practice. It's not just, 'Here's what the book says.'"

This video is one of a series of videos that also feature Jose Rodriguez, MD, with Selyne Samuel, MD; James Ouellette, DO, with Mustafa Musleh, MD; and Ryan Steinmetz, MD, with Michelle DeGroat, MD. These videos, as well as more information about Premier Health's collaboration with MD Anderson Cancer Network, can be found online at PremierHealth.com/mdanderson.



National
Nurses' Week
May 6-12



National
Hospital Week
May 8-14



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