

Premier Pulse

News for Premier Health Physicians

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Be Courageous

By Scott Kanagy, DO, chief medical officer, Premier Health Northern Region



What does it mean to be courageous in health care? Does it mean to step in and save a life when few others can? Does it mean performing a procedure that few others can? Does it mean

finding a cure for a disease that has killed millions? I would define all of the above as courageous. However, can being courageous also mean thinking about how to do things in health care differently to achieve better outcomes? Exploring how to do things differently rather than accepting the way it has always been done? Challenging the norm? Asking “Why?” more often? Having the courage to bring your ideas to others and being open to others’ ideas brought to you? Keeping an open mind to all options with the goal of a better future?

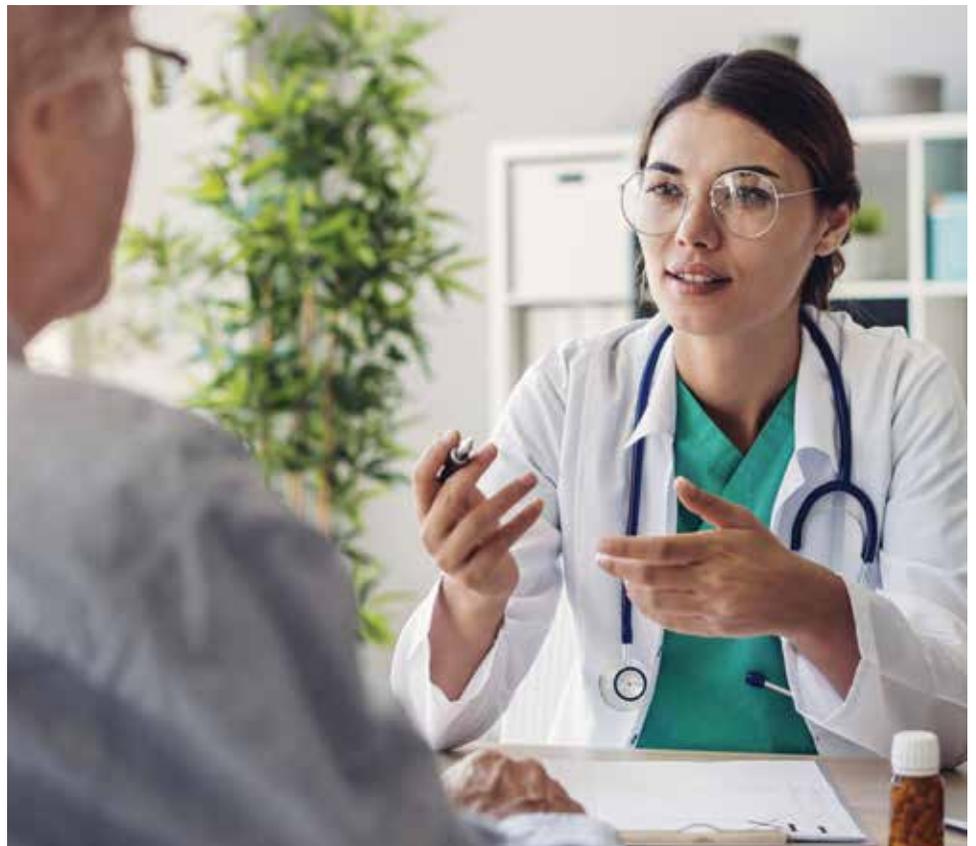
Could being courageous mean having the courage to kindly remind a fellow health care worker to wash their hands? Or pointing out to them that they were rushed and might not have explained everything to a patient as well as they could have? Showing up five minutes late to a meeting because you took the time to walk a lost patient to where they needed to be in the hospital? Taking the time to recognize when a fellow health care giver is hurting or feeling overwhelmed with the stress that our jobs place on us? Could it mean challenging ourselves to say “Hello” to every person we walk past in a day? Could it mean thanking another person in the hospital whose contributions are necessary for you

to do your job? Could it mean having a difficult, uncomfortable conversation with someone else on your team to explain how they could better support the team and bring about high quality care?

I fear that although we rightfully celebrate and reward many of the first acts I described as being courageous in health care, we rarely celebrate or reward the latter acts. It takes not only the acts that only a few of us can provide, but also all the small courageous acts that we as a system undertake daily to truly be a high-quality health care system. We have the people

and expertise to be the best health care system in Southwest Ohio. But do we have the culture to do the small daily activities needed to truly be a courageous health care network? The answer to that question is YES. With that being said, I am stepping forward and will try to be courageous by calling all of us out for not doing enough of the small things on a daily basis that will keep us courageous as a system.

Be courageous today, and every day going forward, and hold all Premier Health employees to that same standard.



Having the “HPV Talk” with Parents and Patients

By Melinda Ruff, MD, Premier Physician Network



With the new school year just around the corner, many providers are having conversations with parents about back-to-school vaccinations. One vaccination you should be discussing is for human papillomavirus (HPV).

While HPV vaccination rates are rising, so are cancer cases associated with HPV – from 30,000 in 1999 to more than 43,000 in 2015.

Some providers, however, have a difficult time introducing the idea of the HPV vaccine to their patients. One way to ease into this conversation is to recommend it on the same day and in the same way as all adolescent vaccines. For example, you can suggest that it is time for the Tdap, HPV, and Meningitis vaccinations to protect your child from meningitis, HPV cancers, and pertussis. This reduces the emphasis on the HPV vaccination and paves the way for a meaningful discussion.

To prevent cancer, the American Cancer Society recommends the HPV vaccine for girls and boys ages 11 and 12. The vaccine can be started as early as age 9, and works best when completed before age 13. At this age, the vaccine is given in two shots, with six to 12 months between shots. Starting at age 15, three doses of the vaccine are required. While some people as old as 45 could benefit from the vaccine, public health officials still recommend the vaccine at a younger age.

In addition to the barrier of introducing the need for HPV vaccination, some providers are concerned with addressing the many myths that persist about the vaccine. One myth you might encounter is that the HPV vaccine is unsafe. The truth is that, since 2006, about 70 million doses of HPV vaccines have been distributed in the United States, with more than 100 million doses given worldwide. The vaccination’s safety is continually monitored in 80 countries, and no serious concerns have been identified, according to the Centers for Disease Control and Prevention.

You might also encounter opinions among parents that the vaccine is unnecessary unless a person is sexually active. The truth is that we vaccinate people well before they’re exposed to an infection, such as measles and other diseases prevented by childhood vaccines. So providers want to vaccinate people before they are exposed to HPV. The HPV vaccine produces a higher immune response in preteens than in older teens and young women. The vaccine also prevents twice as much cervical pre-cancer when given by age 14 than it does as teenagers approach their 16th birthday. You might also advise parents of patients to keep in mind that HPV is so common that nearly everyone will be infected at some point in their lives. An estimated 79 million Americans are currently infected, and there are about 14 million new HPV infections each year. Most people who are infected will never know it.

Providers have an opportunity to earn continuing medical education credits while learning more about HPV through a documentary called “Someone You Love: The HPV Epidemic.” The activity has been approved for AMA PRA Category 1 Credits™ by Indiana University School of Medicine. The free, knowledge-based activity is accredited for 1.5 CE credit hour(s) (0.15 CEU) for pharmacists and pharmacy technicians. Statements of credit will be posted to the online NABP/ACPE CPE Monitor within six weeks after the activity. No partial credit will be given.

For more information on continuing education credits and to view the film, please visit <https://iu.cloud-cme.com/SomeoneYouLove>.

- Nurses who view the film at a live event and would like credit can complete the online evaluation at <https://www.surveymonkey.com/r/5D6KCZN>.
- Physicians or pharmacists who watch the film at a live event and would like credit can follow the instructions at <https://iu.cloud-cme.com/SomeoneYouLove>.

Community Involvement, Awards, and a Teddy Bear Clinic

Atrium Medical Center

Hospital representatives were among the hundreds of people who attended Art from the Heart, an auction benefiting the Middletown Arts Center. As presenting sponsor, Premier Health and Atrium Medical Center were included in all promotional materials and signage for the June 1 fundraiser at Miami Valley Gaming in Monroe.

The annual Steps 4 HEALing Walk and Family Festival was held June 8 at Niederman Family Farm in Liberty Twp. The event benefits the HEAL (Help Endure A Loss) Program at Atrium. Press coverage prior to the event also promoted HEALing Together, a monthly support group at the hospital for families grieving the loss of a child.

Atrium's Diversity and Inclusion Committee welcomed guest speaker Jerry Mallicoat on June 17 for a presentation in honor of Pride Month. Mallicoat, LGBTQ Health Initiatives director for Montgomery County, educated employees on the history of Pride Month. He also shared best practices with staff about pronoun usage and terms people should not use when referring to or engaging with patients who are part of the LGBTQ community.

The Maternal Health Clinic promoted its services as well as Atrium's Natural Beginnings birthing center during a Community Baby Shower hosted by the Butler County Educational Service Center on June 22. From food, giveaways, and games to education and health resources, there was something for all of the more than 160 mothers and their guests who attended this inaugural event.

Atrium representatives interacted with hundreds of residents as part of Middletown's Independence Day events. During the city's Fourth of July parade and Broad Street Blast, employees handed out promotional items for Premier Health's emergency and urgent care services, as well as information about the Atrium



Foundation's upcoming Highway to Help event.

In other community relations activities: Atrium's Wound Care Center director discussed treatment of chronic wounds with AK Steel retirees at the group's monthly meeting; Atrium nurses volunteered at the first aid booth during the second annual Middletown PRIDE; CareFlight Air and Mobile Services vehicles took part in a Touch-a-Truck event in Warren County's Hamilton Twp.; and in partnership with Premier Health Community Benefits, Atrium donated fresh fruit to feed 160 youths for one week as part of a summer food program in Middletown.

Miami Valley Hospital

Premier Health has announced the promotion of **Joann Ringer** to president of the Miami Valley Hospital South Campus, effective immediately. Ringer has been chief operating officer at Miami Valley Hospital South since 2012, when it became a fully operational hospital. She joined Premier Health in 1992 and has served in progressively responsible roles since that time, leading expansion of Miami Valley Hospital South's campus to include the Cancer Center, Maternity Center, and most recently, the Joint and Spine Center. Through the years under Ringer's leadership,



Continued on next page

the team at Miami Valley Hospital South has earned exceptionally high patient experience ratings and become an integral part of the community.



Jhansi Koduri, MD, was honored as “Woman of the Year” at the Leukemia and Lymphoma Society’s Man and Woman of the Year Gala. This honor goes to the man and woman who have raised the most funds during a 10-week campaign for the Dayton Leukemia and Lymphoma Society. Funds raised support blood cancer research, as well as information, education, and support services for those affected by blood cancer. Dr. Jhansi Koduri is a medical oncologist and a certified physician with MD Anderson Cancer Network®.

Employees from Miami Valley Hospital North and across the system participated in the 2019 Vectren Dayton Air Show Parade, along with a Premier Health Mobile



Intensive Care (MICU) vehicle. The week following, employees participated in the Huber Heights Annual Independence Day parade.

Miami Valley Hospital has received the American Heart Association/American Stroke Association’s Get With The Guidelines Target: Stroke Honor Roll Elite Plus Gold Plus Quality



Achievement Award. The award recognizes the hospital’s commitment to ensuring that stroke patients receive the most appropriate treatment. Miami Valley Hospital earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. The hospital also received the association’s Target: StrokeSM Honor Roll Elite/Target: StrokeSM Elite Plus award.

As an employee engagement initiative, Miami Valley Hospital North Chief Operating Officer Mary Garman has launched Moving with Mary and the Management Team at Miami Valley Hospital North. This event is an opportunity for employees to participate in a 20- to 30-minute walk during breaks, along with members of the management team. This ongoing event will take place on Fridays through the end of October. Employees who walk at least 10 times can earn Premier Healthy Living points.



CareFlight Air and Mobile Services, Stop the Bleed, the Injury Prevention Center, and Dietician Services all participated in “Delta Days,” a health and wellness event hosted by Delta Airlines at the Dayton International Airport. This event was primarily for



Delta and airport employees, but also for passengers and visitors.

Premier Health/Miami Valley Hospital was the presenting sponsor of the ZIKS Family Pharmacy Community Family Celebration and Health Fair. Held in the Wright-Dunbar neighborhood, the community was able to enjoy music, food, children's activities, physician speakers (including Peter Ekeh, MD) and complimentary health screenings. The Premier Health mobile mammography coach and a MICU unit were also on hand.

Upper Valley Medical Center

Upper Valley Medical Center won the Best Medical Facility category in the Miami Valley Today 2019 Reader's Choice Awards. Winners are selected by Miami Valley Today/Miami Valley Sunday News readers throughout Miami County.

The UVMC Center for Sports Medicine launched its 17th annual summer sports performance and injury reduction programs in June. The popular programs include Edge Camp and KneeFit for high school and collegiate level athletes, and Edge Camp Jr. for junior high athletes.

A Teddy Bear Clinic and Movie event was hosted by UVMC on June 9 at the historic Mayflower Arts Center in downtown Troy. The event for the community featured an afternoon of kid-friendly fun, including free teddy bear/doll "checkups," face painting, balloon characters, games, giveaways, photos with Teddy the Premier Bear, and refreshments, followed by a special showing of the movie Paddington. More than 60 children and their families participated.

UVMC/Premier Health is title sponsor of the 2019 Sculptures on the Square Be Part

of the Art initiative, which launched June 14 in downtown Troy. This new community-focused component of the Sculptures on the Square exhibit features guided tours and art-focused interactive special activities for families throughout the summer. Also included are displays by local artists and a "Strawberry Girl" sculpture, which won first place in the Be Part of the Art regional art competition.

UVMC hosted a group of outstanding local high school seniors for the Tipp City Chamber of Commerce's first Teen Leadership Tipp City visit June 4. The program featured a hospital highlights tour, interactive rehab medicine session, and health care careers education along with Q&A.

UVMC hosted the Troy Chamber of Commerce's 2018 Leadership Troy class for a health care overview visit June 19. The half-day program featured a hospital update and Q&A session with Tom Parker, president, and a technology update presented by Chief Medical Officer Scott Kanagy, DO, and urologist Robert Kohut, MD. The visit also included a hospital highlights tour.

UVMC was headline sponsor and first aid provider for the 2019 Spectacular Summer Cruise-In and Concert held June 22 on the Miami Valley Centre campus in Piqua. The event, which featured musical performances and classic cars competitions, drew a crowd of more than 15,000 people throughout the day.

A Premier Proud picnic for the entire UVMC family took place June 6. The event featured a complimentary meal, music, and activities in the hospital cafeteria and outdoor dining courtyard.



SPOTLIGHT: PHARMACY SERVICES

Improving Accessibility, Enhancing Safety, and Reducing Costs

The strong partnership between Premier Health Pharmacy Services and physicians provides many benefits for patients, including the safety and affordability of medication and the ease of transition from hospital to home.

The expertise of the pharmacy staff is critical for physicians such as Steven Burdette, MD, medical director of infection prevention and antimicrobial stewardship for Miami Valley Hospital. “They are the conduit between the critical care team and myself,” he says.

Many departments at Miami Valley Hospital, such as medical, neurological and surgical critical care, and oncology, have their own dedicated pharmacist. “They are the experts in terms of medications, and they are trained to a greater degree than physicians to look for side effects,” Dr. Burdette says. “With complex patients, there’s not one dose that works for every patient. A lot of adjustments have to be made.”

At Miami Valley Hospital, Pharmacy Services “has strategically placed satellites in high-volume areas,” Dr. Burdette says. “I can walk to a pharmacy satellite and talk to a pharmacist in the intensive care unit, and have a face-to-face conversation, which is very positive for patient care.”

On-site pharmacists also can determine cost and coverage of medications before the patient leaves the hospital. “We can tell patients, ‘Your antibiotic will cost you this amount – is that a reasonable price, or should we look for something cheaper?’” Dr. Burdette says.

Pharmacy Services and anesthesia providers have been working together closely this year on cost-savings initiatives. “They have been able to significantly decrease the use of some medications, such as Ofirmev and vasopressin,” says Becky Sillaman, system director for Pharmacy Clinical Services. “Partnerships such as these will be key as we move forward to help drive health care costs down.”

Vince Yahl, pharmacy site manager for Upper Valley Medical Center, says that Premier Health’s pharmacy services are invaluable for small rural communities, enabling patients to seek treatment and fill prescriptions close to home. “The medical center offers a wide range of services,” Yahl says. “Pharmacy is doing more all the time to support our comprehensive services.”



Another chief advantage of on-site pharmacies is the ease of transition for patients. “They can get their prescriptions filled in our outpatient pharmacy before they go home,” Yahl says. “The patients receive a list of their medications with instructions when they get discharged. Those who get their new prescriptions filled here have the medications they need immediately.”

In addition, UVMC pharmacies have adopted measures to enhance safety, including scanning the barcode of each ingredient of every IV prepared and the use of Epic’s Secure Chat (Haiku) to communicate with physicians. “These messages are received by the provider in Epic or on their smartphone. It gives the physicians some information about what we need clarified, and they can call us back when they are available,” Yahl says.



Premier Health also promotes partnerships that enhance patient care, notably the System Pharmacy and Therapeutics Committee, comprised of medical staff representatives of various specialties and practice sites. The goal is to promote the safe use of medications while fostering cost containment. "There are not that many opportunities to get so many specialists together, and we all take the role very seriously," says Dr. Burdette, a committee member. "We are monitoring data to determine if we are providing the best care possible. It plays a significant role in patient safety."

Medication safety often happens behind the scenes, Sillaman says: "Pharmacy reviews more than 100 medication-related adverse events each month, some of which result in system improvements

to prevent recurrence. This comes in the form of policy updates and changes, order set reviews and revisions, EPIC entry modifications, and staff education. Premier Health has a drug diversion officer who works collaboratively with the pharmacy operations team, nursing, and providers to establish best practices for all aspects of the control of controlled substances."

Patient safety also is enhanced by formulary management. "While financial considerations play a role in the decision process, formulary management is much more than medication cost," Sillaman says. "The formulary drives superior evidence-based patient care, helps achieve therapeutic goals, and improves patient safety – all while curtailing expenses."

My Gift to Miami Valley Hospital Doctors

By Tarek M. Sabagh, MD, MHSA, medical staff president, Miami Valley Hospital



Dear colleagues and friends,

As president of the Miami Valley Hospital medical staff, I've had the honor of working with an excellent group of medical staff leadership. At

all levels of leadership, from president-elect, department chairs, vice chairs, and section heads, we always think of how to improve our work environment since we spend more time in the hospital than at our homes. How can we revive the spark that led us one day to go through medical school and residency, and despite all the hardships, remain resilient and eager to even put in more hours to start our careers? What happened to our resilience as we went through years of practice, and where did that spark go? How can we reach deep down in our souls to find such wonderful traits that carried us through the hardest times in our lives – or can we? Who should we seek help from?

And here comes the gift I'm talking about. "Tending the Flame" (TTF) is a program for our well-being, designed to help us recover our resilience and keep discovering more about our abilities that many times we doubt as we go through practice.

TTF is a program offered by us, to us, paid for by us, and the beauty of it is that it is being run by us. Let me explain: TTF, which will be eligible for CME credit, is set to meet on the third Tuesday of each month in conference room 6NW, from September 2019 through May 2020. It will begin at 5 p.m. and last an hour and a half to two hours. The program will be presented by our own expert, nationally renowned in her field:

Dr. Evangeline Andarsio.

Registration fees are paid from our medical staff dues; however, only 20 physicians will be able to participate with an enrollment deadline of early



August. This program is already being offered to medical students at Wright State University and second-year family practice residents. It was also offered to nursing staff. Being selfless by nature as physicians, we did not initially think to "splurge" and get ourselves this gift.

To apply to participate in our TTF pilot program, visit surveygizmo.com/s3/3616414/MVH-Tending-the-Flame-2019-20. For more information about RISHI programs, please visit [rishiprograms.org](https://www.rishiprograms.org) or contact Evangeline Andarsio, MD, director of the Remen Institute for the Study of Health and Illness, at evangeline.andarsio@wright.edu.

Dear friends, what I'm offering you here is truly a gift and only physicians on the medical staff at Miami Valley Hospital are privileged to have it available. Recently I heard an interesting definition of success that goes, "Success is the gift of being able to say yes when you spot an opportunity." I wish us all success. Feel free to email me at tmsabagh@premierhealth.com with any questions.

Nemadji Information Security Incident

We would like to make you aware of a recent information security incident involving one of our business associates, Nemadji Research Corporation (Nemadji). Nemadji provides patient eligibility and billing services to Premier Health. The incident occurred in late March when a Nemadji employee fell victim to a phishing email scam. Nemadji notified us of the phishing email scam in May but was unaware of any access to personal information at that time.

Nemadji notified us in early June that an information security incident occurred. The compromised email account contained

personal information that might have been accessible as a result of the incident. This personal information belonged to about 2,400 of our patients, including some employees, at Miami Valley Hospital, Atrium Medical Center, Upper Valley Medical Center, and the former Good Samaritan Hospital. To date, Nemadji has not made us aware of any actual or attempted misuse of the compromised information.

The company has taken steps to remedy the matter and to ensure that it does not happen again. Although Nemadji is unaware of any actual or attempted misuse

of information as a result of the incident, Nemadji is offering potentially affected individuals access to credit monitoring and identity protection services at no cost to them.

Phishing is the use of an electronic communication to attempt to trick someone into providing sensitive information, or clicking on a link or opening a file that introduces malware. We cannot emphasize enough the need to be vigilant when using company email or computers.

Physician Advisor Program Director Enjoys Wedding Photography



Andrew Maigur, MD, Physician Advisor Program director, sees patients at Miami Valley Hospital.

What is your clinical specialty?
Hospitalist

Where did you go to school?

Grant Medical College, Mumbai, India.
Family Practice Residency: St. Elizabeth Medical Center, Utica, New York.

What brought you to Premier Health?

Apex Community Church brought me to Dayton: Daytonians had amazing things to say about Miami Valley Hospital and Premier Health that led to my change in employment from Reid Hospital in Richmond, Indiana, to Miami Valley Hospital.

Why did you choose medicine as a career?

I know it sounds cliché, but I come from a family of physicians from my dad's side, so I was familiar with the lifestyle and work;

however, the choice was driven by a deep inner sense of being able to help others and using science to bring some form of healing/comfort.

Who are the people who influenced and/or mentored you?

My parents – their sacrifice and encouragement have gotten me this far; and my undergrad biology professor, Ms. Sardesai – her sense of belief in me that I was meant to be a physician.

What is one thing most people don't know about you?

I love photographing a wedding with my lovely wife, Sarah (she gets to boss me around as her assistant). Reminds me of why I fell in love with her in the first place.

Where is your hometown?

The bustling city of Mumbai, India. The melting pot of cultures, where the east meets the west.

What, if any, sports team(s) do you cheer for?

Grand Slam Tennis – Roger Federer, Novak Djokovic, and Rafael Nadal fan

What is the last book you read?

“The Crucified Life” by A.W. Tozer

What is your favorite song in your playlist?

“Death Where is Your Sting” by Cory Asbury encouraged me a lot when my dad passed away.

What is your favorite food?

Korean food: Bibimbap (Korean beef spicy rice bowl)

What is your favorite hobby?

Travelling and exploring destinations and cities

What is your favorite animal, and why?

Augie Doggie because she is the most chill and loyal pet ever! And poses well for the camera.

Where is your favorite vacation spot, and why?

Kauai – luscious natural beauty, untouched by man, non-touristy, serene, and rejuvenating!!

Describe something for which you are especially thankful:

The birth of my son, Titus Benjamin, on June 24 changed my life forever, and my sleep number score.



Pick a side

iPhone or Android?

iPhone

Early bird or night owl?

Early Bird

Beach bum or mountain hiker?

Beach bum all the way!!!

Dress shoes or tennis shoes?

More like boat shoes!?!?

Paperback or e-reader?

E-reader

Coffee or tea?

Coffee and chai

Cooking or baking?

Both

Sweet or salty?

Sweet

Premier Health, Dayton Physicians Network Enhance Radiation Oncology Treatment

Tumor-fighting linear accelerators at Atrium Medical Center in Middletown, Greater Dayton Cancer Center in Kettering, and Upper Valley Medical Center in Troy are being upgraded to deliver radiation treatment more efficiently and reduce side effects in patients. Atrium, the first hospital to receive a TrueBeam® linear accelerator, held its ribbon cutting event on June 25.

Linear accelerators produce a range of very high energy radiation beams that are directed to deliver radiation dose to the tumor inside the body. Premier Health's new linear accelerators will feature high-resolution CT imaging, robotics, and rapid-dose delivery.

"This upgraded equipment will strengthen our cancer-fighting capabilities and enhance the quality of life of our patients," said

Premier Health President and CEO Mary Boosalis.

Ryan Steinmetz, MD, medical director of Premier Health's radiation oncology program, explained that the new linear accelerators will decrease treatment time for patients, as well as allow for more accurate treatments, which can improve cure rates and decrease complications.

"Premier Health and Dayton Physicians Network, through our partnership, are committed to providing high-quality cancer care close to the healing comfort of home," Dr. Steinmetz said.

Along with upgrading the linear accelerators at Atrium Medical Center, Greater Dayton Cancer Center, and Upper Valley Medical Center, the Wayne Cancer Center in

Greenville will receive an upgraded linear accelerator.

"We are pleased to offer the citizens of Darke County the latest advancement for the treatment of cancer," said Wayne Deschambeau, president and CEO of Wayne HealthCare.

Radiation Oncology Services – a joint venture of Dayton Physicians Network, Premier Health, and Wayne HealthCare – will have upgraded cancer care technology at six of its radiation oncology centers: Atrium Medical Center, Miami Valley Hospital North, Miami Valley Hospital South, Upper Valley Medical Center, Greater Dayton Cancer Center, and Wayne Cancer Center.



From left: Lori Scalise, Premier Health vice president of service integration for oncology and women's health; Larry Hollingshead, chair, Atrium Health System Board of Directors; Keith Bricking, MD, president, Atrium Medical Center; Barry Robertson, MD, chair, Atrium Medical Center Board of Directors; Mary Boosalis, president and CEO, Premier Health; Charles Bane, MD, chair, Premier Health Cancer Institute; Ryan Steinmetz, MD, medical director, Premier Health's radiation oncology program

UVMC Cath Lab Success

By Robin Rutledge, vice president, service line integration, cardiovascular services



It's been a year since we launched the Level II Catheterization Lab at Upper Valley Medical Center, and thanks to the physicians and staff, our partnership to battle heart

disease in Miami County has been more than successful.

Our team has successfully treated more than 70 acute myocardial infarctions since

August 2018, along with 315 other cardiac procedures, in our advanced cath lab at UVMC. Since adding emergency cardiac services, the hospital has been successfully growing its patient population in Miami and Darke counties.

Emergency cardiac services include coronary angioplasty with stent placement, left ventricular devices, and intra-aortic balloon pumps, to name a few. This adds a level of complexity to our cardiac care that strengthens the core of our outpatient services, which include nuclear imaging, echocardiography, Heart CT, MRI, tilt-testing, and vascular ultrasound.

After an emergency is over, we can offer our patients individually designed cardiac rehabilitation for those who have experienced a heart attack, stent placement, bypass surgery, valve surgery, heart failure, or have stable angina (chest pain). The program combines supervised exercise, lifestyle education, and support that can help patients make strong recoveries, return to normal, productive lives, and prevent future heart problems.

We are proud to offer these great services to the community of Miami County.

PATIENT BLOOD MANAGEMENT

Let's Talk Plasma: Evidence-Based Transfusion

Plasma can be an extremely useful component in our transfusion armamentarium, particularly as part of a massive hemorrhage protocol. However, prophylactic plasma is frequently utilized unnecessarily or incorrectly. Clear indications and contraindications exist in the literature and as part of several national and international guidelines from several professional societies. It is incumbent upon health care providers involved in transfusing blood products to understand these indications and contraindications to provide safe and effective transfusions for our patients.

Please refer to the electronic version of this newsletter in your email or visit the current issue online at premierhealth.com/PremierPulse to read more about the types of plasma products, specifics of dosing, and timing of plasma transfusion.

The extended content available online, provided by Carolyn Burns, MD, patient blood management physician consultant, also includes a solid review of evidence-based indications and a list of important current references.



Carolyn Burns, MD, is a board-certified pathologist (AP/CP). She served as medical director/chief of pathology for the Jewish Hospital Healthcare system's department of Pathology in Louisville, Kentucky, from 1991 to 2011. Her work included medical directorship of surgical pathology, transfusion service, the Patient Blood Management (PBM) program,

bloodless medicine and surgery, and tissue services for the five-hospital system. She currently sits on the advisory board and is guest lecturer for the Bellarmine University Clinical Laboratory Science Program, serving as the chair of the medical advisory board for the American Red Cross Blood Center, River Valley Region.

Dr. Burns is a passionate advocate for patient blood management, has been published in peer-reviewed journals and textbooks, and is often sought as an engaging speaker on diverse transfusion topics. She has worked as an independent PBM physician consultant since 2011. Her current interests also include laboratory management and utilization, another venue that promotes quality, safe, patient-centered care.

Registration Open for Lung Cancer CME Event

Innovations in Care: Lung Cancer, a seminar on recent treatment guidelines and recommendations for the care of patients with lung cancer, is set for Saturday, Aug. 24.

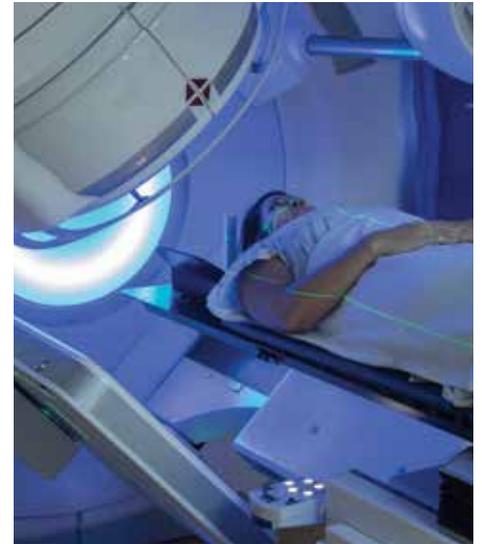
The event, eligible for CME credit, will take place at Premier Health Center, 110 N. Main St., in downtown Dayton. It will feature presentations by Soumitra Sen, MD, pulmonology; Abi Katz, MD, palliative care; Vincent Nardy, DO, cardiothoracic surgery; Praveena Cheruvu, MD, radiation oncology; Satheesh Kathula, MD, medical oncology; and a keynote presentation given by George Simon, MD, FACP, FCCP, from MD Anderson Cancer Center.

Check-in and breakfast will begin at 8:30 a.m., with presentations and a luncheon taking place from 9 a.m. to 1 p.m.

The target audience is primary care physicians; physician specialists, including pulmonologists, surgeons, oncologists, and radiologists; medical residents, fellows, and medical students; registered nurses; and advanced practice providers.

Registration is required, and seating is limited. To register, please visit premierhealth.com/CancerSeminars or call **866-608-3463**.

Parking for the event will be available under the Premier Health Center building, accessible from Jefferson Street. Free street parking is also available.



Provider Praise

Premier Health patients submit thousands of comments each year acknowledging physicians across our health system for providing excellent care. Here is a random sampling of appreciation received in recent months:

Dr. Allen is always very helpful and gets to the problem quickly. He is always friendly and puts me at ease when in his office.

Dr. Bachman is the best doctor I have ever worked with! Keep her, please!

I trust **Dr. Brammer** for all my health needs – she is an excellent doctor.

I would like to say I have been with **Dr. Glickfield** since he opened his practice doors – 30-plus years, probably. He’s been wonderful, caring, and responsive in every way. I dread the day he retires. I’ll never find another doctor like him. I can’t say enough positive things.

Dr. Goyal is the best. I’m not the only one to say this. I had people at church say he is

their doctor. He had to do heart surgery on them. He is the best. Me and my family love Dr. Goyal. I thank God for Dr. Goyal.

Dr. Kohnen is very professional, knowledgeable, and respectful. I trust her completely.

I appreciate **Dr. Kulkarni**, she is always direct and helpful.

Dr. McGilton is a wonderful old-style family doctor. He really cares about all of his patients, and it shows in his treatment of all ages.

I love **Dr. Myers** – she always listens and refers me to specialists when needed. She is great!

Dr. Nagasawa was excellent, kind, caring, and attentive. So grateful to see him.

I was very impressed with **Dr. Nguyen**. I wish he was in private practice.

Dr. Palmisano is truly over the top! I never feel rushed, I always feel respected, and she

makes me feel like a valued/appreciated patient. I love Dr. Palmisano as my doctor.

Dr. Ruff is always prompt. He mentions results/answers in a very clear way. He makes a personal connection during the visit and remembers past visits/discussions.

Dr. Scharrer is a compassionate, caring doctor. I have been a patient for over 20 years – he is outstanding!

I feel that **Dr. Smith** listens to me and cares about my health as a whole person. That’s hard to find today.

I am very happy with **Dr. Thompson**! She and her office staff have been very helpful to me.

Dr. Alan Thurman is an amazing doctor. He listens and talks with you, not at you.

Dr. Zaman was excellent!

Editorial Board: Dr. Marc Belcastro, Dr. Andre Harris, Dr. Jennifer Hauler, Dr. Scott Kanagy, Dr. Matthew Reeves
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