

# Premier Pulse

News for Premier Health Physicians

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## Creating Consistency and Sustainability

By Matthew Reeves, DO, chief medical officer, Atrium Medical Center



What do you think when you hear about patients who question the care they receive? Maybe you think, “They just don’t understand because they’re not clinicians.” Or, “Hey! Not everything we do for patients is obvious.” It’s true; sometimes patient care is subtle, and what we’re doing isn’t always evident to the patient. But that’s beside the point.

What patients think and feel about their experiences with us influences their perception of the quality of the care they receive. Compassion and excellence are connected when we say, “Every patient, every time.” When we say that, it also means that we want consistency in how we treat our patients. As physicians, one way we can create consistency and, in turn, sustain results is by ensuring that we engage with the tools and techniques we have established.

One simple tool we use at Premier Health is AIDET. It helps us talk about the Why, What, and How of the patient encounter.

We all know what AIDET stands for, but have we really leaned into its significance?

**A Acknowledge** – Read the room. Make eye contact with everyone in the room. Find out their relationship to the patient. Look for other clues to connect on. A football jersey to comment on, a military veteran cap on someone you can thank for their service.

**I Introduce** – During the introduction, there may be an opportunity to manage up yourself (title, years of experience, commitment to giving them the best care). Of course, this step can be skipped during recurrent encounters, but don’t assume the patient remembers your name after one shift.

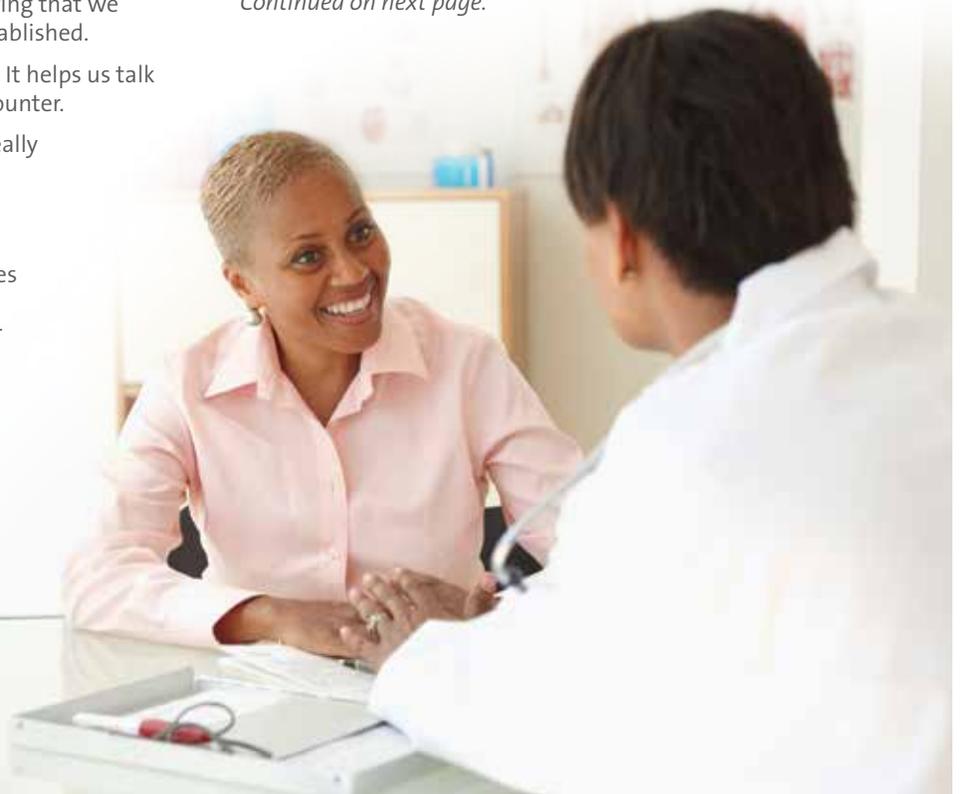
**D Duration** – How long will we be together? How long will I be performing a task that might be routine to me/how long

might they have to wait? Remember, if the time is long, check in periodically if possible to reassure that you haven’t forgotten they are waiting.

**E Explanation** – This is the cornerstone. Remember the Ss: sit, simple, slow. Sitting is not always possible, but when you can, it is a game changer. Simple – use words that feel a bit more basic than normal. Sometimes the level of simplicity feels a bit awkward. Trust me, it works. Slow down. We are busy and tend to talk a bit faster than most people who are sick or in stress can comprehend. During the explanation, we build trust. And when our patients trust us, they feel safe, and their families can have peace of mind.

**T Thanks** – The bookend to Acknowledge, and a way to signal that the encounter is over and show respect to the other person. Thank everyone in the room if they were present for the encounter.

*Continued on next page.*



SAVE THE DATE

# Diabetes Dayton Expo and Walk/Run

Diabetes Dayton is a local non-profit organization that holds its annual Diabetes Expo each year on the first Saturday of November, which is Diabetes Month. The event is the area's largest wellness fair devoted solely to diabetes awareness and education, and has been held annually for more than 40 years. This year, Diabetes Dayton is kicking off the morning with a walk/run; all proceeds from the event will assist local residents affected by diabetes. The run/walk has been named the Blue Circle Run after the universal symbol for diabetes.

Scheduled for Saturday, Nov. 3, the Diabetes Expo has been moved from Sinclair Community College to the Marriott at the University of Dayton, making it convenient to hold the walk/run across the street on the bike path, with the Expo taking place afterward in the Marriott's ballroom. Premier Health is proud to partner with Diabetes Dayton as an event sponsor.



## ANNUAL DIABETES EXPO & BLUE CIRCLE RUN

<b>DATE:</b>	Saturday, Nov. 3
<b>LOCATION:</b>	Marriott at the University of Dayton 1414 S. Patterson Blvd., Dayton, Ohio 45409
<b>TIMELINE:</b>	
8 to 11 a.m.	Walk/Run (Tradewinds Pavilion)
10 a.m. to 1 p.m.	Wellness & Diabetes Expo (Marriott Ballroom)

*Free parking will be available in the Marriott parking lot.*

*Continued from front*

## Creating Consistency and Sustainability

Without an explanation of what caregivers are doing and why, patients and family members can be left concerned and fearful that no care has been given.

Here's an example of a well-executed AIDET: "Good morning, Mr. Smith. I'm Matt from Fidelity, and I will be in your home for about half an hour today. Most of that time I will be observing your progress since your procedure and comparing what I see to the notes in our records. Much of this will occur through speaking with you, observing how you move, and answering any questions you might have. Our goal today is to confirm that your vitals are strong, and that the care we have been providing you is having the desired impact on your recovery. What questions do you have before we begin?"

Our friend Dr. Belcastro likes to say, "If the mountain climber doesn't anchor the piton (spike) well, the result may not be good. If we skimp on AIDET, the results won't be consistent."

When we explain what we are doing, it shows care for the patient. That is why we use AIDET. Asking our physicians to use this tool in

every encounter isn't because we want to script you; it's because we want our patients to hear and feel how much we care for them. We also want them to feel like they are participants in their own care. At the end of the day, we know they are in excellent hands at Premier Health; we just need to use the tools we have to help them feel and believe they are in excellent hands when they choose Premier Health.

As Dr. Belcastro says, "Tools (like AIDET) are only tools. A mountain climber consistently scales mountains because he has a passion, but he/she needs tools to consistently succeed. While we want our patients to always feel that we care, without consistent use of tools, our patients will not always experience what our hearts want. This mountain of consistent compassion requires that we consistently use tools to succeed."

Dr. Belcastro continues, "Our hearts must desire the change. The tools help us get there. Common sense does not get us there because we become victims of fatigue or a busy day. The tool helps us remain disciplined in our approach, but again, our hearts have to be in it."

# ARRIVE Trial Published

The ARRIVE trial, a randomized trial of induction of labor versus expectant management of first-time mothers at term, was completed in 2017, and the results were recently published in the *New England Journal of Medicine*. Many of the women enrolled in the study were local, due to Miami Valley Hospital being a research site of the Eunice Kennedy Shriver National Institute of Child Health and Human Development's Maternal-Fetal Medicine Unit (MFMU). Therefore, this study is more likely to be generalizable to our local population.

The primary outcome of the study was a composite of adverse perinatal outcomes that were not different between the two groups. Secondary outcomes were significant for a lower frequency of cesarean delivery (18.6 percent vs. 22.2 percent), hypertensive disorders of pregnancy (9.1 percent vs. 14.1 percent), and respiratory support among newborns (3 percent vs. 4 percent) in the induction of labor group. The results of this study directly contradict the obstetrical dogma that induction of labor in nulliparous women increases the individual woman's risk for cesarean delivery. The American College of Obstetricians and Gynecologists and the Society for Maternal-Fetal Medicine reviewed the published results and concluded in a joint statement that "it is reasonable for obstetric care providers to offer an induction of labor to low risk women" who meet criteria used for the study inclusion (nulliparous, 39 weeks, absence of medical and obstetrical complications).

Thank you to the physicians and midwives who have generously allowed us to enroll their patients in the ARRIVE study, and other MFMU studies. Current MFMU studies include a randomized trial of prophylactic tranexamic acid after cesarean to reduce hemorrhage, a randomized trial of medical treatment of mild chronic hypertension in pregnancy, randomized trials of the Arabin pessary for asymptomatic short cervix in twins and singletons for the prevention of preterm birth, and a randomized trial of CPAP to prevent hypertensive diseases of pregnancy in women with mild or moderate obstructive sleep apnea.

David McKenna, MD, is the principal investigator; Samantha Wiegand, MD, is the co-investigator; and Kaye Snow, RN, BSN, C-EFM, is the nurse research coordinator for the MFMU studies at Miami Valley Hospital. Please feel free to contact them at **(937) 208-2411** or by email if you would like to enroll a patient, or if you have any questions.

#### References:

*ARRIVE Trial: N Engl J Med* 2018; 379:513-23. Link: <https://www.nejm.org/doi/full/10.1056/NEJMoa1800566>

ACOG and SMFM statement link: <https://www.acog.org/About-ACOG/News-Room/Statements/2018/Leaders-in-Obstetric-Care-Respond-to-the-Published-Results-of-the-ARRIVE-Trial>



# Neonatologist Is Huge Buckeye Fan, Enjoys Reading and Bike Riding



**Tammy D. Samiec, MD**, sees patients at Miami Valley Hospital.

**What is your clinical specialty?**  
Neonatology

**Where did you go to school?**  
Miami University, then Medical College of Ohio, and residency and fellowship at University of Louisville.

## What brought you to Premier Health?

I had been practicing in Columbus, Ohio, after finishing training, but was looking for a different opportunity. I met with the group here and was excited to work with them.

## Why did you choose medicine as a career?

My dad was a surgeon, and I was exposed to medicine all my life. When I was very young, I planned to be a nurse, but my father encouraged me to go into medicine. He introduced me to women physicians and sent me textbooks.

## Who are the people who influenced and/or mentored you?

I trained under David Adamkin, MD, who is a prominent neonatologist in neonatal nutrition. I always tried to schedule my months on service with him. He was outgoing and knowledgeable, yet dynamic in his teaching style, as well as a Buckeye fan.

My parents shaped my personality and my work ethic.

## What is one thing most people don't know about you?

I just completed my Master of Public Health degree last spring after two and a half years of night classes.

## Where is your hometown?

Dublin, Ohio

## What, if any, sports team(s) do you cheer for?

I am a huge Buckeye fan, pathetically huge. I also root for the Reds, which is much harder. I will watch almost any sport. I am not much of a golf fan, which is ironically my husband's favorite sport to watch.

## What is the last book you read?

I just finished "Mayflower," about the pilgrims. I try to mix up my reading—some history, some fun stuff.

## What is your favorite song in your playlist?

I don't know if I can pick a favorite.

## What is your favorite food?

Milk and cookies

## What is your favorite hobby?

Reading, riding on the bike trails with my husband

## What is your favorite animal, and why?

We have two dogs. I like them for companionship, and I am continuously looking at rescue sites to see if there are more dogs that need to be rescued. My husband would kill me.

## Where is your favorite vacation spot, and why?

Beach and a book. The most relaxing thing in the world.

## Describe something for which you are especially thankful:

I am thankful for my family, that I have a job that I enjoy, and that I am happy and healthy.

## Pick a side

### iPhone or Android?

iPhone

### Early bird or night owl?

Early bird

### Beach bum or mountain hiker?

Beach

### Dress shoes or tennis shoes?

Tennis shoes, lots of colors

### Paperback or e-reader?

E-reader

### Coffee or tea?

Both

### Cooking or baking?

Baking

### Sweet or salty?

More salt, but both



# Pharmacy Department Milestones at Miami Valley Hospital



Miami Valley Hospital's Pharmacy Department celebrated Pharmacy Week October 15-21. This week-long celebration was dedicated to the many achievements of our 57 pharmacists and 61 pharmacy technicians who strive to provide the highest level of pharmaceutical care.

Pharmacists are drug experts and work closely with physicians and nurses to ensure all medication orders are safe and appropriate for patients. Pharmacy technicians prepare and deliver medications throughout our facilities. Technicians dedicated to purchasing inventory also manage drug shortages and optimize drug purchasing to support cost-effective care. Medications are used throughout the facility and out in the field by CareFlight Air and Mobile Services. The team distributes drugs in the safest way to have them available for operating rooms, emergency kits, automated dispensing cabinets, and patient floors. Intravenous products are made in isolator hoods and the centralized clean room in the hospital's main pharmacy to have the safest product for patients.

Miami Valley Hospital's pharmacy team has celebrated several milestones this year. The first was the accreditation of our Pharmacy Residency Program for six years by the American Society of Health-System Pharmacists in April 2018. The accreditation is the highest level achievable and shows the team's commitment to providing the highest level of pharmacy care to our patients and advancing our profession. In June 2018, two new residents were welcomed for the third year of the program. These two pharmacists join our team in a year of month-long rotations dedicated to post-graduate experiential learning in our specialty areas.

The second milestone was the expansion of a new satellite pharmacy in the Berry building on September 19. This satellite is in addition to our critical care, surgical, SW6A, and SE7 satellites. Our team hopes to enhance pharmacy services for the neonatal and maternal medicine patients in this area.

The third milestone was the expansion of clinical services as pharmacist specialists transitioned from Good Samaritan Hospital.

Miami Valley Hospital now has specialists in cardiology/cardiothoracic surgery, surgery/anesthesia, and emergency medicine. They joined the specialties of critical care, trauma, internal medicine, antimicrobial stewardship, oncology, neonatal intensive care, anticoagulation, and neurocritical care.

The growth of Miami Valley Hospital's Pharmacy Department is a result of Premier Health's mission and values, and would not be possible without every member of the team. These recent milestones demonstrate our team's commitment to strive for excellence. Our team is proud of what has been accomplished and excited for the future.



# Meet the Movement Disorders Center Physician Team

The Movement Disorders Center at the Clinical Neuroscience Institute (CNSI) has recently expanded its scope of services with partnership of the Midwest's first Brain Mapping Center and clinical research trials through the Parkinson Study Group. The center is led by a comprehensive team of physicians: Mary Feldman, DO, a fellowship trained movement disorders specialist; Daniel Gaudin, MD, PhD, a fellowship trained functional neurosurgeon; and Fadi Tayim, PhD, a neuropsychologist with fellowship training in brain mapping. Along with advanced practice providers, comprehensive nursing care, and physical, occupational, and speech therapists, the CNSI Movement Disorders Center is proud to be giving patients more advanced treatment options closer to home.

The CNSI Movement Disorders Center offers specialized care for patients in Southwest Ohio for movement disorders, including:

- Ataxia
- Dystonia
- Essential tremors
- Gait disorders
- Huntington's Disease
- Parkinson's Disease\*
- Spasticity
- Tics and Tourette's

Our specialists use a multidisciplinary team approach to meet patient needs, and they remain engaged in movement disorder research and clinical trials and offer advanced treatment resources such as:

- Medications tailored to individual needs
- Deep brain stimulation and programming
- Comprehensive neurocognitive testing, including brain mapping
- Baclofen pump evaluations, implants, programming, and refills
- Botulinum toxin injections
- Comprehensive nursing care
- Physical therapy
- Occupational therapy
- Speech therapy
- Parkinson's "Big and Loud" therapy

*\*The Movement Disorders Center is a participating member of the Parkinson Study Group.*



## **Movement Disorders Center Physician Team**

### **Mary Feldman, DO**

- Director, Movement Disorders Center
- Board certified in neurology and movement disorders
- Graduate of Lake Erie College of Osteopathic Medicine (Pennsylvania)
- Completed residency at Hamot Medical Center/ University of Pittsburgh (Pennsylvania)
- Completed fellowship at Cleveland Clinic (Ohio)



### **Daniel Gaudin, MD, PhD, FACS**

- Director, Functional Neurosurgery
- Graduate of Montreal University College of Medicine (Canada)
- Completed residency at Montreal University (Canada)
- Completed fellowship at Montpellier University (France)
- American College of Surgeons, fellow



## MAKE A REFERRAL TO CLINICAL NEUROSCIENCE INSTITUTE

To refer a patient with a neurological movement disorder, call **(937) 438-7500** or search for Clinical Neuroscience Institute in Epic and include “Direct Referral to Dr. Feldman” in the comment section. Non-Epic practices can use the Clinical Neuroscience Institute referral sheet. We also welcome referrals from neurologists who need consultation or advanced treatment for complex movement disorder patients.



### **Fadi M. Tayim, PhD**

- Director, Brain Mapping Center
- Fellowship trained in neuropsychology and brain mapping
- Completed doctoral training at Stanford University and the Pacific Graduate School of Psychology (California)
- Completed residency at Geisel School of Medicine at Dartmouth (New Hampshire)
- Completed fellowship at Geisel School of Medicine at Dartmouth (New Hampshire)

# Neuroscience Care Expanded at Miami Valley Hospital

Miami Valley Hospital now features a brand new 36-bed neuroscience advanced care unit on the 10th floor of the hospital's southeast tower, as well as a brand new 36-bed neuroscience intensive care unit on the 11th floor of the building. Both units feature advanced technology to enhance patient care and the patient experience.

"This addition of 72 patient beds at Miami Valley Hospital underscores Premier Health's commitment to maintain a large inpatient presence in the heart of Dayton," said Mike Maiberger, president of Miami Valley Hospital and executive vice president and chief operating officer of Premier Health. "Even accounting for these much-needed additional patient beds at Miami Valley Hospital's main campus in downtown Dayton, the health system is reducing its total number of inpatient beds by nearly 450 as more health care shifts to outpatient settings."

The 10th and 11th floors of Miami Valley Hospital's southeast tower had been earmarked for future growth when the tower was built in 2010. Before moving to the 10th floor of the southeast tower

in August, the hospital's neuroscience advanced care unit was located on the sixth floor of the main building, with the neuroscience intensive care unit on the ninth floor of the southeast tower. With the neuroscience intensive care unit now operating on the 11th floor of the southeast tower, the ninth floor of the tower will serve as an additional cardiology unit. The space in the main building that previously housed the neuroscience advanced care unit is transitioning to an observation unit.

"The new proximity of these updated neuroscience units streamlines care for some of our hospital's most critical patients, greatly improving staff efficiency, as well as enhancing the patient experience," said Maiberger.

Patient rooms on both units feature electronic communication boards and customizable message drawing boards; reclining chairs that are more user-friendly for patients; adjustable shades built into patient room doors to increase privacy while allowing nurses to still view patients; charging ports throughout the units for family; and much more. Additionally, the

medication delivery system in place in the new units has been streamlined to improve work flow for care teams, allowing nurses to administer medication to patients more efficiently.

The new units also have been designed to feature a nurse's station in each of three 12-room patient wings, rather than one centralized station for the floor, allowing nurses to be closer to patients.

The neuroscience intensive care unit on the 11th floor of the hospital's southeast tower also will feature upgraded epilepsy monitoring and treatment capabilities, including improved visibility and access to patients, with advanced equipment in place for future growth. The National Association of Epilepsy Centers (NAEC) has re-accredited the Wright State/Premier Health Comprehensive Epilepsy Center as a Level 3 epilepsy center for 2018 and 2019. Level 3 epilepsy centers have the professional expertise and facilities to provide advanced medical evaluation and treatment for patients with complex epilepsy.



# Miami Valley Hospital Approves Section of Ambulatory Medicine

By Keith Bricking, MD, MBA, medical staff president, Miami Valley Hospital



The Miami Valley Hospital Medical Executive Committee has for a few years been working to improve communication within departments, but feels that hearing

the voice of the ambulatory internist is still an opportunity for improvement. We also realize the need for improved communication during transitions of care to and from the hospital setting.

We have long valued physicians who primarily function in the ambulatory

setting in both internal medicine and family medicine. Knowing that the chair of family medicine traditionally is an ambulatory physician with a strong voice on the Medical Executive Committee, we wanted to create a leadership opportunity for the ambulatory internist as well (outside of the medicine chair). As a result, in September, the committee voted to create a section of ambulatory medicine within the Department of Medicine. There are currently sections of cardiology, critical care, neurology, and GI already in the Department of Medicine. Our hope is that these section heads will continue to work with the medicine chair on quality of care, improved medical staff communication, and physician wellness.

If you are interested in learning more about the section of ambulatory care or the responsibilities/expectations of the section chair, please contact Dr. Steve Chambers at [slchambers@premierhealth.com](mailto:slchambers@premierhealth.com), or me at [kdbricking@premierhealth.com](mailto:kdbricking@premierhealth.com).

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## Provider Praise

Premier Health patients submit thousands of comments each year acknowledging physicians across our health system for providing excellent care. Here is a random sampling of appreciation received in recent months:

I always get the best of care from **Dr. Aldstadt**. I've been his patient for 20 years.

**Dr. Block** is a wonderful doctor; he's always concerned about my well being and always is available. When he moved, he made sure I was called first once he could take my insurance. I always recommend him to friends who are looking for a new family doctor.

**Dr. Davis** is a caring and helpful physician. I feel very fortunate to have found him to replace my retired doctor of 30+ years.

I like the use of MyChart to converse about non-urgent medical questions. **Dr. Diller** is very prompt with returning a note with

a plan of care or recommendations. This saves time calling in and having to explain a situation to the staff.

**Dr. Joiner** is an outstanding physician.

**Dr. Kulkarni**, and her staff, are wonderful. What a blessing that I have such a wonderful physician. She has always been so kind. Dr. Kulkarni has always taken good care of me whenever I have an appointment. Tipp City is lucky to have her! I recommend her often to individuals frustrated with their physician – Dr. Kulkarni is the best! A lovely person, and a knowledgeable, wonderful physician. She is terrific!

**Dr. Linn** was able to properly diagnose and treat my symptoms. He thoroughly listened to any questions or concerns about any treatments and gave very helpful/useful feedback. I did not feel rushed and felt very comfortable being able to discuss any issues I was/am having with him and his staff. I was actually recommended by a former

patient to go to this doctor's office and would also definitely recommend this office to any family or friends.

I really like the time **Dr. Lorenz** takes with me during each appointment. I have also had a virtual visit, and I appreciate that service offering.

**Dr. Ludwig** is very easy to talk with. He listens and explains things very well. I was very happy I got him. He took his time and made sure I understood my options.

I have been offered to go to others, and I refused. I admire, trust, and have absolute confidence with **Dr. Maraboyina**. I hope to have him the rest of my life.

**Dr. Mesker** is the best doctor in the world. We hope he never retires!!

I am so glad my primary care doctor referred me to **Dr. Parilo**. He's great in providing me diabetes care.

# Awards, New Equipment, a Disaster Drill, and an Anniversary Celebration

## Atrium Medical Center



**Charles L. Hageman, MD; John M. Miller, MD; and Phyllis Rudokas, RN, OCN, CBCN, CTTS,** were recognized as winners of the 2018 Caring Like Karen award during a luncheon held Sept. 28 to honor local caregivers who go above and beyond the call of duty in caring for individuals and families within the community. Drs. Hageman and Miller, team leads, were nominated, along with the supporting care team of Gary C. Brown, MD; Alvaro Waissbluth, MD; Craig T. Henry, DO; Scot W. Denmark, MD; and Casey R. Boyce, MD, for extraordinary medical care and compassionate, personal care that ultimately saved a young mother who nearly died from heart failure while delivering her second child at Atrium Medical Center. The Caring Like Karen hospital or hospice caregiver award is given to an outstanding nurse, respiratory therapist, physical therapist, occupational therapist, patient services assistant, nurse's aide, volunteer, or chaplain. Rudokas was nominated for her more than 30 years' work as an oncology nurse navigator at Middletown Regional Hospital and Atrium Medical Center, serving more than 4,000 patients facing cancer diagnoses, treatment, and survivorship. The Caring Like Karen Fund was established by the Community Foundation of West Chester/Liberty in memory of the ultimate caregiver, Karen Mason, who lost her battle with



pancreatic cancer in 2012. In Mason's honor, the fund presents an annual award to caregivers who emulate her love and patience for those in their care.

Atrium Medical Center has replaced its on-campus circulator with a new joint effort between the hospital and the City of Middletown, City of Monroe, and Butler County Regional Transit Authority (BCRTA) to connect people within the region. The WorkLink bus route, which will connect Dayton and Cincinnati, is the first public transit connection between Greater Dayton RTA, BCRTA, and Southwest Ohio Regional Transit Authority. With eight stops, the route will run six days per week and cover all three work shifts at \$2 per ride. Atrium will have a stop on the new R7 WorkLink route. Future additions to the route are expected to be announced as a broader group of public and private partners continues to build regional transportation solutions.

## Miami Valley Hospital

Miami Valley Hospital in Dayton, Miami Valley Hospital South in Centerville, Miami Valley Hospital North in Englewood, and Jamestown Emergency Center in Jamestown all participated in a full-scale mass casualty exercise on Thursday, Sept. 27. The functional exercise was designed to test and evaluate the ability of hospitals and trauma programs to respond to a large influx of patients from a traumatic event. The exercise also tested the operations of law enforcement and EMS, including the use of the Rescue Task Force (RTF), in responding to a terrorist attack. Agencies participating in the mass casualty exercise included local EMS and law enforcement, as well as the Greater Dayton Area Hospital Association, the Southwest Ohio Regional Trauma System, and the Dayton Metropolitan Medical Response System.



Miami Valley Hospital Foundation received a grant from the Maxon Foundation for \$765,000 to purchase a 64-slice CT scanner that will allow the hospital's trauma program to treat more patients faster and more accurately. The grant allows the legacy of the late Mr. Glenway W. Maxon, Jr., a Miami Valley Hospital board member in the 1950s and the builder of the hospital's main building in 1953, to continue his mission of improving the quality of health care in our community. The 64-slice scanner will reduce procedure time by 40 percent—significant considering all trauma patients have between five and eight procedures with the scanner. The image quality is also improved, allowing for a more accurate interpretation. This includes not only a better image but fewer artifacts (including metal) interfering with the ability to see bone and blood vessels, as well as an increased quality of CT angiography. There is also a dose reduction algorithm that directly affects the X-ray dosage and the amount of radiation given to the patient, reducing the dose by up to 82 percent.

The Miami Valley Hospital Pharmacy recently celebrated the opening of the new Berry Women's Center satellite pharmacy. This pharmacy will enhance services in the NICU and for maternity patients.

A special birthday event took place recently to celebrate the first anniversary of the Ronald McDonald Family Room (RMFR) in

Emmett's Place at Miami Valley Hospital. Since opening on Oct. 1, 2017, the RMFR has served as a space of comfort and care for families of the hospital's NICU patients, high-risk pregnant mothers, and their immediate family members. More than 500 families used the RMFR in its first year. Positioned near the Neonatal Intensive Care Unit, families can find respite there from the stressful hospital setting. They can make a much-needed cup of coffee, eat a light meal, do laundry, and rest in the sleeping rooms at no charge. A cozy, kid-friendly reading and activity area called Abby's Nook is also available to families. On average, 30 to 50 guests visit the RMFR each day.

The Austin Boulevard Emergency Center in Miamisburg is now open. This new free-standing emergency department with quick access from Interstate 75 will provide full-service, 24-hour emergency care to patients with minor to severe injuries and conditions. The Austin Boulevard Emergency Center features 12 emergency beds, including two trauma bays, and is staffed by board certified emergency medicine physicians from Miami Valley Hospital. Additional services include access to Premier Health's TeleStroke Network for faster access to stroke treatment; lab and imaging services, including CT and X-ray; CareFlight Air and Mobile Services transportation if hospitalization is needed; and a community room with audio-visual capabilities that community members can reserve for meetings or training sessions. A seamless ambulance drop-off point will provide EMS agencies with quick access into and out of the facility when transporting patients.



### Upper Valley Medical Center

Upper Valley Medical Center hosted festivities on the UVMC campus Sept. 29 to celebrate the 20th anniversary of the opening of the hospital, as well as a legacy of more than 100 years serving Miami County's health care needs. More than 950 hospital staff, physicians, volunteers, and community members attended the family-friendly celebration that featured a tailgate-style lunch, health/wellness screenings, hospital technology tours, visits/tours of CareFlight Air

and Mobile Services emergency medicine vehicles, a teddy bear clinic, face painting, balloon characters, Ident-A-Kid, ninja warrior obstacle course, celebrity football toss, sports challenges and games for all ages, live remote broadcasts with MIX 107.7 and Troy Community Radio, drawings, prizes, music, and more.



UVMC/Premier Health was signature sponsor of the Go Red for Women/North Luncheon and Wellness Fair held Sept. 6 at the Piqua Hotel Plaza. Hosted in conjunction with the American Heart Association, the event was attended by nearly 200 participants. UVMC professionals provided free health screenings, wellness counseling, literature, and handouts.

UVMC/Premier Health also partnered with Troy City Schools to host "Rebound: The Chris Herren Story" at Hobart Arena in Troy on Sept. 13. Herren, a former college and professional basketball star, fell into the grips of drug addiction and managed to bounce back after four overdoses. Free from drugs for a decade, he spoke to more than 3,500 Miami County students and 150 community members about the importance of living without drugs and alcohol.

# Name, Vision for Former Montgomery County Fairgrounds Announced

The former Montgomery County fairgrounds has a new name and a new direction as a place that fosters imagination, innovation, and inclusivity.

Premier Health and the University of Dayton recently announced a new name for the 38 acres at the northwest corner of Main and Stewart streets — onMain: Dayton's Imagination District — embodying a vision for the site as a place where Dayton's history of innovation takes off into the future. The name emerged from focus groups and conversations with members of the Dayton community.

"The name marks the district's location on Main Street, and is an invitation to live onMain, work onMain, learn onMain and meet onMain," said Mary Boosalis, president and CEO of Premier Health. "We envision a vibrant, pedestrian-friendly, mixed-use development with a distinct identity and personality that is open, welcoming and creative and complements the rebirth and momentum of downtown Dayton."

The long-term vision for the district will take up to 15 to 20 years to fully realize, with Premier Health and the University of Dayton committed to developing the 38 acres as a sustainable neighborhood for economic development. As anchor institutions, UD and Premier Health don't have the profit and time pressures that typical developers do.

Key elements of the vision include:

- A truly walkable urban neighborhood with places to work, live, and gather
- Mixed-income housing that offers opportunities for residents to live close to where they work
- Design standards for buildings that integrate environmental sustainability and wellness
- Urban agriculture on land at the western end of the site and on building rooftops
- Restoration of the property's historic Roundhouse

Premier Health and the university are taking steps to create a nonprofit development organization to manage the development process and provide day-to-day oversight of the property. The two institutions purchased the 38-acre site in 2017 and have been working on a long-range vision for the property that builds upon their institutional missions and values, promotes economic development, and fosters a unique sense of place that serves broad community interests.

Outreach to potential funding sources—a process that is likely to take at least 12 to 24 months before any new construction might begin on the property—has begun. Such partnerships could fund initial phases of the redevelopment, such as roadways, utilities, and removal of some structures.

For more information, visit [onMainDayton.com](http://onMainDayton.com).



**onMain**  
Dayton's Imagination District

## Our New Physicians

New physicians routinely join the medical staff at each of Premier Health's hospitals. Are you interested in knowing who joined the medical staff at each facility?

You can find lists of new physicians here:

**Atrium Medical Center** go to [atriummedcenter.org/ournewphysicians](http://atriummedcenter.org/ournewphysicians)

**Miami Valley Hospital** go to [miamivalleyhospital/ournewphysicians](http://miamivalleyhospital/ournewphysicians)

**Upper Valley Medical Center** go to [uvmc.com/ournewphysicians](http://uvmc.com/ournewphysicians)

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